

Moshi

Vol. 32, No.1, September - October 2006

Edmonton Japanese Community Association

EJCA Fall Bazaar

EJCA is hosting a fall Bazaar for the purpose of fund-raising for our Japanese Garden, Wa no Niwa.

Date: Sunday November 5, 2006 Time: 12:00 noon to 3:00 pm

Place: EJCA Centre

Wish list for the Garden: Stone lanterns (tall and short) Tsukubai (basin) Shikaoi (bamboo deer chaser) A large umbrella for the table. Name plate or board for donors



Please donate NEW or ALMOST NEW "things Japanese" for sale. Other items are welcome but please remember this is not a garage sale. There will be LUNCH and a BAKE SALE. So please donate some home-made Manju, Japanese sweets or any other baked goodies.

Please volunteer to help in the kitchen for making lunch such as sushi, udon, etc., for serving food or for helping in general. Sales from the lunch and bake sale will go towards the purchase of items for the Garden.

There will be silent auctions, raffles and draws throughout the afternoon, so please donate items which are suitable for the auctions or other prizes. Sales from these areas will go to the EJCA operating fund to help support ongoing events and programs.

If you need your donation items picked up, please let us know so that we can arrange to have someone come to your home before the Bazaar. Please call if you can help by volunteering.

Call Edie (484-5495), Cathy (436-6291) or Noriko (475-7339)

We will also be accepting orders for Mochi for the New Year. They will be ready for pick- up in time for your New Year celebration. Put your name and phone number on the paper at the reception desk with the amount being ordered (by the dozen). This is the first trial for EJCA. Let us see how it goes....

EJCA Annual General Meeting

Date: Saturday September 30, 2006

Time: 2:30 pm - 3:30 pm Place: EJCA Centre

Program:

Introduction by Mike Murakami

Minutes of the September 10, 2005 AGM

President's Report

Financial statements & Committee reports

Election of new board members

Open discussion

Attend the AGM to hear about EJCA activities during the past year, and plans for the future. Meet the board members, new and old, and give them your support.

Refreshments will be available at the meeting.

Tribute Dinner for Dr. Henry Shimizu (aka 'Henry Shimizu Roast')

Date: Saturday October 28, 2006

Time: 5:00 pm to 9:00 pm Place: EJCA Centre

This event honors Henry Shimizu for the many contributions he has made to Canada, especially to the Japanese Canadian community in Edmonton and across Canada. Among his many awards include membership to the Order of Canada.

Note: Planning for this event is still underway, so a special notice outlining further details will be sent to all Moshi Moshi readers in mid-October. **But mark your calendar now to attend this special event!**

ACL - EJCA Community BBQ

First Ever Joint Event!

Sunday September 24, 2006 4:00 p.m. to 7:00 p.m.

This is a reminder to those members who have registered for this event (deadline was September 18).

Hope to see you there!

In This Issue

Fall Bazaar	1. 10 (J)	Volunteers	4	Kendo & Naginata	7
EJCA AGM	, , ,			Č	
	, , ,	Centre Manager	5	Upcoming Events	/
EJCA Board	2	Seniors News	5	Taiko Workshops	8
Submission Deadlines	2	JAG event	6	Advertisements	9
President's Corner	3, 11 (J)	Senior Games	6, 12 (J)		

2005 - 2006 EJCA Board of Directors & Committees

President

Mike Murakami - 433-9029

1st Vice-President

Cathy Tennant - 436-6291

2nd Vice-President

Hideji Ono - 458-7269

Secretary-Treasurer

Jim Hoyano - 437-7730

Centre Manager

Eliza Wong - 466-8166

Finance Committee

Wray Tsuji - 484-6291 Rick Hirata - 438-2747

Scott Sutton - 994-6519

Published by

Edmonton Japanese

Community Association

Editorial Address:

6750 - 88 Street

Edmonton, Alberta

T6E 5H6

Tel: (780) 466-8166

Fax: (780) 465-0376

website: www.ejca.org

e-mail: office@ejca.org

English Section Editor:

Jim Hoyano

Japanese Section Editor:

Yumiko Hoyano

Support Staff:

Soly Sawada

Daiyo Sawada

Sandy Nakashima

Tom Nakashima

Nancy Cyr

"Moshi Moshi is a publication of the Edmonton Japanese Community Association. Its objective is to disseminate information of interest to the Japanese community and those interested in Japanese culture, including announcements of upcoming events.

Seniors

Yumiko Hoyano - 437-7730

Social Committee

Cathy Tennant - 436-6291

Edie Nagata - 484-5495

Joe Sumiya - 917-3356

Scott Sutton - 994-6519

Sports & Youth

Yuri Nakano - 437-5294

NAJC Committee

Mike Murakami - 433-9029

Scholarships & Awards

Yoshiaki Hirata - 438-2747

Daiyo Sawada - 436-4797

Japan Today School Program

Hideji Ono - 458-7269

Monica Johnson - 447-3092

JET Liaison

Monica Johnson - 447-3092

Membership

Joe Sumiya - 917-3356

Edie Nagata - 484-5495 Monica Johnson - 447-3092

Wellness-In-Living Committee

Yumiko Hoyano - 437-7730

Mike Murakami - 433-9029

Daiyo Sawada - 436-4797

Junichi Hashimoto - 437-5911

Aiko Murakami - 433-9029

Joint Committee

Mike Murakami - 433-9029

Joe Sumiya - 917-3356

Sanae Ohki - 459-3862

Past President

Yumiko Hoyano - 437-7730

Deadline for Submissions for the Next Issue (Vol. 32, No. 2) is November 10, 2006

Submission Deadlines for other upcoming issues:

Volume 32, No. 3 - January 10, 2007

Volume 32, No. 4 - March 10, 2007

Volume 32, No. 5 - May 10, 2007

Volume 32, No. 6 - July 10, 2007

Volume 33, No. 1 - September 10, 2007

EJCA Mission & Vision Statements

Mission

- To facilitate the development of an inclusive and vibrant Japanese Canadian Community within a multicultural Edmonton.
- To support the objectives of the National Association of Japanese Canadians by promoting respect and harmony among people of various cultures in the Edmonton area.

Vision

 A dynamic and evolving community that sustains a sense of wellbeing built upon awareness of Japanese heritage in Canada.

President's Corner

Mike Murakami

Hi everyone,

It's definitely autumn. There's a coolness in the night air - that causes us to reflect on the fabulous record breaking summer which seems to have passed at light speed. Hope the Edmonton Heritage Festival was part of your summer experience.

By now, most affiliated EJCA groups have heard from our new Centre manager Eliza Wong who has been busy this summer working to tune up the Centre office systems. Many of you probably got to meet Eliza at the Japanese Pavilion, where she volunteered in the food prep section. As she, Cathy Tennant and Alice Mah are coordinating logistics for the ACL-EJCA Community BBQ, you will have a chance to meet Eliza on September 24th.

Over the past year, the EJCA Board has made adjustments to its management, committee structure and volunteer engagement in order to be more effective and membership focused. As volunteers are the life blood of EJCA, volunteer development is a priority. Our new volunteer focus is designed to create improved value to EJCA members, affiliated groups and our partner the Argyll Community League (ACL). Principles that focus our volunteer development include:

- linking volunteer activities to EJCA's mission and strategic goals
- 2) encouraging volunteers, affiliated groups and the Board to work in partnership
- 3) ensuring volunteer projects begin with a plan based on "Kaizen" principles (inclusiveness and continual improvement) see http://en.wikipedia.org/wiki/Kaizen

The Japanese Pavilion during the Heritage Festival is our single biggest annual volunteer project - where the whole EJCA community gets to work together. It is the one time when - we feel in our bones that distinct groups and communities are not separate but rather in¬ter¬con¬nected threads in the living tapestry called Edmonton. It is the one time when - we see allencom¬passing views of our community's pos¬sibili¬ties - not from worm's eye views of its problems. It is the one time when we under¬stand - that as holders of a shared vision that we must act both as leaders and achievers. It is the one time when - we bridge cul¬tures, language and gen¬eration differ¬ences with the aim to bring community pos¬sibilities to life.

Besides the obvious goals to achieve success in food sales, and cultural demonstrations, the Pavilion volunteer coordinators strived to help volunteers (from many backgrounds) focus on a (shared) team goal. When we're fo¬cused on an intense team goal, we don't have the luxury of our prej¬u¬dices. Ultimately, cul¬tural distinctions recede as the need for ego-free teamwork predomi¬nates. Just as many cross-cultural friend¬ships are forged on local sports teams, the Japanese Pavilion volunteer team sparked spontaneous goodwill and friendships. Life often imitates sports.

It's not easy putting on the biggest annual EJCA community event. It takes months of planning, dozens of volunteers and the tireless work of a handful of people involved at the core of all the activity. The Pavilion Organizing committee which included: Stephanie Bozzer, Scott Sutton, Sherry Fulton, John Priegert, Cathy Tennant, Dave Mueller, Jocelyn Hudon, Scott Allnut, Megan Jones, Chuck Elliot, Gretchen Phillips, Brenda Madson and myself put in a lot of hours of hard work in the background before, during and after the festival.

The Festival weather was the Pavilion coordinators dream-warm (but not too hot) and brilliant sun. Our volunteer coordinators Gretchen, Sherry, Megan and Stephanie did a great job throughout the three days of the festival managing all the volunteer logistics - from setting up to cleaning up, and breaking everything down and transporting pavilion parts to storage sites, as well as, coordinating the flow of cultural demonstrations. Kitchen chief, Scott Sutton did a super human job overseeing the food throughout the festival so the thousands of yummy yakitori, hiyayakko, okonomiyaki, takoyaki and combo plates would last.

The Japanese are good at absorbing things from abroad while modifying them to their own taste. And what differentiated the "authentic" Japanese Pavilion from the other Heritage Festival pavilions was that the cooks, servers and performers reflected almost every continent on the planet. How interesting! But didn't the Japanese "borrow" many things from the Koreans and Asian countries from language, food items, grammar, clothing, martial arts, etc? Isn't the Japanese Kanji Chinese? Anyway, as a Jewish friend who owns a Chinese restaurant once said... "You don't have to be Jewish to like bagels!"

The Pavilion performers are the public face of the festival and so they get the accolade and the applause. But there are many who never get acknowledged for the work they do - the many cooks, servers, dishwashers, the set-up crew (it's amazing how many dozens of volunteers prepared food and cleaned up in the kitchen area). All of these people and groups deserve the sincere thanks of the EJCA community for making the Japanese Pavilion possible.

It's all too easy to forget why we do this. The Edmonton Heritage Festival is an external celebration of many cultures in a world that is increasingly ethnically diverse, and a remarkable expression of how these cultures can fit within the larger community. The Japanese Pavilion is an external celebration of Japanese culture to the over 275,000 Albertans who attended the three day festival. And our Pavilion's great culture of mutual respect makes it an oasis of hope and sanity in this day and age of "Global Warming" -- over narrow religious and nationalistic issues that can drive us apart.

The pavilion is a great way to extend EJCA's hospitality to the City while promoting our affiliated EJCA groups. It's also an

Continued of Page 4...

President's Corner...Continued from Page 3

op—portu—nity for many in the EJCA community to get together and catch up after not seeing each other for a whole year. And, it is simply a way to connect our humanity with each other, and pull together to create one of the best Heritage Festival pavilions in the park every year, and make the world a better place. Success breeds success!

"When I was a young man, I wanted to change the world. I found it was difficult to change the world, so I tried to change my nation. When I found I couldn't change the nation, I began

to focus on my town. I couldn't change the town and as an older man, I tried to change my family. Now, as an old man, I realize the only thing I can change is myself, and suddenly I realize that if long ago I had changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world."

Unknown Monk c. 1100 CE

A HUGE Thank You Volunteers!

This is a HUGE "thank you" to the dozens of volunteers who contributed their time, talent, hard work and wonderful enthusiasm to make the Japanese Pavilion at the Heritage Festival an outstanding success. Volunteers even brought their friends down to help out. Several visitors noted - that three generations of new and veteran volunteers worked together at our Pavilion (as young as Scott Sutton's daughters and as enthusiastically sprightly as Tak Ohki).

It couldn't have happened without you. In fact, the spectacular success of EJCA's Japanese Pavilion itself could not have happened over the last 20 years without the continuous dedication, volunteer effort and creativity of our community and affiliated EJCA groups. We thank you all -- from the bottom of our sake cups. OMEDETOO GOZAIMASU!!

And Pavilion volunteers, don't forget to come to the NOT-TO-BE-MISSED Japanese Pavilion Volunteer Appreciation BBQ on September 16th, at 4:00 pm (see promo box for details). The Committee and Sophia (EJCA's webmaster) are in the process of editing a mass of candid pixs of Pavilion volunteers doing their thing during Heritage Days. Look for them soon on EJCA's website @ www.EJCA.org.

With some new faces, the Pavilion organizing committee is already planning next year's pavilion. The organizing committee is always looking for keen volunteers with or without experience -- so feel free to give Stephanie Bozzer a call at: 481-9839, or email her at: www.sbozzer@telus.net

We tried to be as accurate as possible in recording our volunteers, but if we have missed your name, please accept our apologies. A HUGE thank you to you all...!!

Mike Murakami EJCA, president

Akiko Daibu, Alan Speilman & wife, Alliye Iriye, Ana Alcantara, Ayami Koroki, Chris Jensen, Corwin Dodd, Damien Austin, Davy Kong, Dennis & Kazue Kikuchi, Eileen Ramsay, Fukuko Gordon, Galvin Harrigan, Hiroko Okabe, Jenny Zhang, John Campbell, Joseph Kim, Kairi Watanabe, Karen Nakanaga, Keiko Marumo, Kelvin Wong, Kenny Lin, Kento Nakamura, Kyoko Asano, Kyoko Nakagawa, LeRoy McIntosh,

Lester Hickman, Lorna Driesen, Madeline Rainey, Matt Good, Michelle Zupet, Mariusz Sikorski, Mika Brechin, Mio Ishikawa, Miyuki Inoko, Murata Hiroaki, Nicole Fang, Nobuo Yamamoto, Noriko Kawamoto, Peter Beairsto, Regan Coyne, Rie Iwauchi, Risa Iwamoto, Ritsuko Tomii, Ron and Gina Thompson, Sarah Huang, Scott Allnut, Sean Bromilow, Shelly Chen, Stephanie Bozzer, Steve Hill, Taihei Shimada, Takako Homma, Takashi Ohki, Taro Suzuki, Yoko Nakamura, Yu Nakamura, Yuki Kitagawa, Yuri Kawaguchi, Yuzio Shimada, Jocelyn Hudon, Kazuko Hirata, Mike Murakami, Yumiko & Jim Hoyano, Mari & Scott Sutton, Chuck Elliot, Wray Tsuji, Kelly Thornton, Eliza Wong, Cathy Tennant, John Priegert, Sherry Fulton, Natsuko Cyr, Chung Luke, Brenda Madsen, Gretchen Phillips, Meryl Roberts, Megan Jones, Masahito Oba, Donna Dawson, Joyce Kiyooka, Dave & Satoko Muellerand other members of Awa Odori, Kita No Taiko, Karate, Kenjutsu, Kendo-Naginata, Go Club, Calligraphy Club, and MEJCS who volunteered/performed but not shown above.



EJCA Seniors News

International Day of Older Persons

The General Assembly of the United Nations designated October 1st as International Day of Older Persons. This Day was observed for the first time throughout the world on October 1st. 1991.

To celebrate International Day of Older Persons this year in Edmonton, the St. Michael's Extended Care Centre Society is putting on the following special event called 'Celebrating Edmonton's Seniors'. The program includes the following::

Seniors Health & Information Expo Antique Car Show Music & Entertainment Food & Beverages. Date: Sunday October 1, 2006

Time: 12 pm - 4 pm

Place: 7404 - 139 Avenue, Edmonton

St. Michael's Extended Care Centre

Everyone is encouraged to attend the event, especially the EJCA

Seniors.

Monthly Meetings

The EJCA Senors Club meets on the 4th Wednesday of each month at the Centre beginning at 11:00 am. If you plan to attend please contact Ruby (475-7147) or Yoshiko (456-8694) one week before, so we know how many lunches to order. Cost of the lunch is \$8. Future meetings are September 27, 2006, October 25, 2006, and November 22, 2006.

From the Centre Manager

I am Eliza, your new Centre manager for the Edmonton Japanese Community Association and the Argyll Community League. It is my pleasure to introduce myself to all of you!

As Mike Murakami has already mentioned, I am the "lucky one being chosen" due to my background of being a coordinator of an Edmonton multicultural project. This program is designed to help educate immigrant women from 5 communities including the Chinese, Vietnamese, Korean, South Asian (formally Indo-Canadian) and Arabic - on the subject of breast health and breast cancer. This project aims at providing support and services to the hard-to-reach group who may have barriers regarding languages, transportation, or some misconception of cultural differences.

In addition to breast health, I have also worked as a coordinator, as well as, a volunteer for different projects in the past including seniors' health and wellness, family and parenting, new immigrant settlement, children of special needs, as well as, community crime & safety concerns. Therefore, as your new Centre manager I will foster EJCA's mission to facilitate the development of an inclusive and vibrant Japanese Canadian community within a multi-cultural Edmonton. I will also work to identify the gaps in terms of availability and suitability of our current services. I hope that in the future, the Centre programs will help meet the needs of people of all ages and ethic groups in the Argyll neighborhood.

Now you know me as a long-time community worker, perhaps

you will also be interested in knowing about my family here. I am married to a pharmaceutical researcher and we have a tenyear-old daughter. My husband and I were once foreign students when we first came to Canada and we both treasure the opportunities we were offered through all these years in this country. Today, we are very grateful to be proud Canadians while at the same time preserving our very unique Chinese cultural background.

My connection to Japanese culture started way back when I was a University of Alberta student where I took some Japanese courses and was really amazed by the beautiful language, as well as the culture. Then, my sister got married to a Japanese gentleman. They have lived in Kyoto for about 15 years. In fact, I am looking forward to visiting her at the end of this year and this will be my first time visiting Japan. Well, since I am working for the Centre now, I think it will also be a very good chance for me to pick-up the learning of Japanese language again and have fun communicating to you in Japanese!

If you happen to drop-by the Centre, please don't forget to come in to the Centre office to say hello and give me your ideas of how we could improve our work here.

Yours truly, Eliza Wong



J.A.G. Presents: Shall We Dance?

Place: EJCA Centre (6750-88 St)
Date: September 23, 2006 (Saturday)

Time: 6:00 pm to ??

6:00 pm: Doors Open

7-8:30 pm: Watch the Movie "Shall We Dance?"

Talk about dancing: There will be someone telling us all about dancing

9:00 pm: Salsa Dance Demonstration and free lesson

10:00 pm - ? Dance Social (dance till you drop!)

Tickets are only \$8 at the door! You won't get a better deal than this! Professional dance lessons and a dance social! Even if you think you aren't the dancing type....come out and support our JAG group and meet the Salsa dancing community! By the way, JAG stands for Japanese Active Group and we are a group from the EJCA community trying to build a younger generation interested in Japanese culture and socializing together. We hold events about once a month. Don't worry, this event is open to all ages!

Food and beverages will be sold to help support the JAG group and the salsa dance community.

If you have any questions please call: Yuri @ 437-5294 or Nghia @ 966-3648

Participating in the Canada Senior Games

Yuko Nakano

For the first time, my husband Takuo and I participated in the 5th Canada Senior Games from August 29 to September 2 in Portage la Prairie, Manitoba.

Takuo and I won a total of 8 medals, 5 gold, 2 silver and 1 bronze. This greatly exceeded our expectations.

To qualify to participate in these games one has to be a resident of one of the provinces and be at least 55 years of age. To be eligible to participate in the games, one must be a winner or a high medalist at the provincial games and then be selected to represent the province. Almost all the competitions are divided into age groups of 5-year range, and participants can range in age up to 100 years old. So there are only a few entries, if any, in some of the 80s and 90s year age groups.

In August of last year, after the Edmonton preliminaries, we entered for the first time the track and field events of the Alberta Games held in Wetaskiwin. I won gold medals in javelin & shot-put, and Takuo won bronze in the 800 and 1500 meter runs. Thus, we were qualified to participate in the Canada Senior Games.

The Canada Seniors Games has 23 sporting events ranging from mental competitions such as arts and crafts, bridge and scrabble, to very ones such as track and field, golf, swimming, tennis, cycling, slo pitch, ice hockey, etc. Each participant competes for the honor of his or her province.

The number of participants in these games was about 1400, including 400 from Alberta. By a large margin, Alberta won the most medals.

The details of the medals we won are as follows:

Takuo (65 age group): 800 meters (silver), 1500 meters (gold), 3000 meters (gold), 100 m x 4 relay (bronze)

Yuko (60 + age group): discus (gold), javelin (gold), shot-put (gold), 100m x 4 relay (silver)

Since there were few participants in his age group, Takuo was lucky to have won so many medals, which made him very happy.

Portage la Prairie is a small city about 80 km west of Winnipeg, and has a population of about 20,000. It has a potato processing plant and the agricultural centre for the region. The volunteers at the Games did everything including looking after meals, transportation, entertainment, etc. They were all very kind, polite and friendly. Thanks to them, we had an enjoyable holiday.

Since we tasted so much success, we wish to do this again at the 2008 Games in Dieppe, New Brunswick. We have already began training. Why don't you participate as well?



Kendo & Naginata

Kendo and Naginata are both full contact martial arts. Kendo is the art of sword fighting while Naginata is the art of halberd fighting. When a person in kendo and a person in naginata fight each other it is called *Isshujiai*.

The Edmonton Kendo Club was initially formed in September 2000 but then in September 2002 a naginata student requested to join and result was the creation of the Edmonton Kendo and Naginata Club.

The Kendo portion of the club is affiliated with the Canadian Kendo Federation and the International Kendo Federation while the Naginata portion of the club is affiliated with the Canadian Naginata Federation and the International Naginata Federation.

The Kendo sensei (instructor) is Stephanie Bozzer. She has attained the rank of godan (5th degree black belt). She began her training at the University of British Columbia club in 1987 with Okusa sensei. She was a member of the Canadian Goodwill team for Toronto, Canada in 1991 and Paris, France in 1994. I was a Team Canada member for the first official Women's World Kendo Champion-ships held in Kyoto, Japan in 1997. I spent almost a year living in Tokyo, Japan training with Kawai sensei in 1995 and while I was there I attended the International Kendo Camp in Kitamoto, Japan. I have participated in many tournaments in Canada and the USA. I have also been a guest instructor at several seminars held in the prairies. I moved to Edmonton in 1998 and formed the Edmonton Kendo Club in September 2000.

The Naginata sensei is Deryck Webb. He has attained the rank of sandan (3rd degree black belt). He began his training in Sabae-shi, Fukui-ken for 3 years under Nakajima sensei and Watanabe sensei. While training in Japan, Deryck had many opportunities to attend national seminars and tournaments. Deryck represented Canada in 2002 attending the World International Naginata Federation Championships and Seminar which was held in San Jose, California. Deryck has aided in the formation of the Canadian Naginata Federation (2004) and is currently the Vice-President.

If you came to watch a practice you would see people dressed in a peculiar costume. We wear quilted jackets called a *keikogi* and long flowing pleated pants called *hakama*. The *bogu*, or armour, consists of a helmet called a *men*, a chest protector called a *do*, a hip protector called a *tare*, and gloves called *kote*. Naginata players also wear shin protectors called *suneate*.

Kendo uses a *shinai*, or bamboo sword, to fight with while Naginata uses the *naginata*, which is an oak staff with a bamboo blade on the end. You will also hear a lot of yelling at the practice. This *kiai* is a way for combatants to express their spirit. In order to score points in a sparring match, participants need to have three components - an accurate strike to the target, a loud kiai, and a strong follow through called *zanshin*.

The EKNC is closely connected with the EJCA. Currently we hold a senior student practice at the hall on the second and fourth Fridays of the month from September to May. Anyone is welcome to come by and watch a practice! We are also very involved in the Japanese Pavilion at Heritage Days as part of the volunteers for the organizing committee and for the three days of the festival itself. We also provide demonstrations of Kendo and Naginata at the festival. Maybe you caught a glimpse of us there?

Another interesting point is that Deryck Webb is the Canadian Naginata Team coach. The Canadian Naginata Team will be traveling to Belgium in September 2007 to compete in the 4th World Naginata Championships. Team Canada member selections will be finalized in October 2006 at the Canadian Naginata Championships being held in Montreal. Hopefully members of the EKNC will make the team!!

Currently the EKNC is fundraising to support Team Canada. Toward this we are holding a **Silent Auction** on **November 4, 2006** from **5:00 pm to 8:00 pm** at the **EJCA hall**. We have collected many unique items to be auctioned, some of which are Japanese in origin, as well we have some original art work. We will be providing appetizers and drinks for those who attend. We will also have some door prizes to be won. All proceeds raised will be given to Team Canada to defray their traveling expenses. We invite all EJCA members to attend this event and bring their family and friends. If you have an item that you would like to donate for this event, please contact Dervck Webb at eknc@mac.com.

Deryck and Stephanie are extremely proud to be part of the EKNC which is a great martial arts club that has strong active members competing and training in an open and friendly manner.

If you would like some further information about either Kendo or Naginata please take a pamphlet from the ones at the EJCA centre or contact Sherry at:

<Edmonton_kendo_club@hotmail.com>

Calendar of Upcoming Events

September 24, 2006	ACL/EJCA Joint Community Barbecue, at the Centre, 4:00 pm to 7:00 pm
September 27, 2006	EJCA Seniors Club meeting, at the Centre beginning at 11:00 am
September 30, 2006	EJCA Annual General Meeting (AGM), at the Centre beginning at 2:30 pm
October 10, 2006	EJCA Board Meeting, at the Centre beginning at 7:00 pm
October 25, 2006	EJCA Seniors Club meeting, at the Centre beginning at 11:00 am
October 28, 2006	Tribute Dinner for Hentry Shimizu, at the Centre beginning at 5:00 pm
November 5, 2006	EJCA Fall Bazaar, at the Centre 12 noon to 3:00 pm
November 14, 2006	EJCA Board Meeting, at the Centre beginning at 7:00 pm

Awa Odori Dance Drop-in Practice

For those who would like to learn this old Japanese festival dance and other festival dances in the future, and for those who like to dance to just get some exercise, the first session was held on September 15 (Friday) at the EJCA Centre from 7-9 pm. Future sessions will be held on Fridays at the EJCA Centre as shown below. Also, we will look into holding Sunday morning sessions if there is enough interest.

For first timers the next session will begin with an introduction to Awa Odori by means of a video presentation, followed by discussions on the formation of a group, re-naming the group, future plans, and an actual dance practice. If there is enough interest, we hope to meet twice a month.

We invite anyone who is interested in this activity to please come out and give it a try. You might even get fitter dancing along with the festive music.

Friday September 23 7:00 pm to 8:30 pm Friday October 20 7:00 pm to 8:30 pm Friday November 20 7:00 pm to 8:30 pm

If you would like more information, please contact Kyoko (438-0005), Nancy (988-5456) or Emiko (451-6196)

You are invited to

Just Pretty Things

Hyoko Baxter

Final visual presentation for the Certificate of Fine Arts, Faculty of Extension, University of Alberta

October 10 to 18, 2006

Opening reception Tuesday, October 10, 6:00 pm - 8:30 pm Extension Centre Gallery

2nd Floor, University Extension Centre, 8303 - 112 Street

Gallery Hours: Monday to Thursday 8:30 am - 8:00 pm

Friday 8:30 am - 4:30 pm Saturday 9 am - noon

Teruko Sakai, 1908 - 2006

On September 2nd, 2006, my mother, Teruko Sakai, passed away peacefully at St. Michael's Long Term Care Center, at the age of 98 years.

She came to Edmonton from Tokyo in 1995 when she was 87 years old, after she had a 3rd stroke. She loved reading books and making Origami ornaments. She made many beautiful origami balls called "Kusudama" and donated them to the Japanese pavillion for the Heritage Festival until she had a 4th stroke in January 2003. She enjoyed many EJCA event like Jasper's Miette Hot Springs trip, Karaoke, New Year's party, picnics etc.

Thank you very much for giving her many good memories. We truly missed her.

Sayuri Matsuba

TAIKO WORKSHOPS



Kita No Taiko is holding beginner Japanese drumming workshops for the public.

Workshops will be in mid to late November.

It is \$45 for a 3 hour workshop. The minimum age is 14 years old.

This beginner workshop allows people to experience taiko from a different perspective - through participation! There is plenty of drumming, and we encourage people to have fun with the taiko. Apprenticeship may be considered.

For more information or to get on our mailing list to be notified of the dates, or for a registration application (when available), call: <u>431-0300</u> or email:

info@kitanotaiko.ca or go to www.kitanotaiko.ca.

『]快適』『清潔』をお求めのあなたへ

Enjoy the comfort of the latest hi-tech bidet

Unlike a traditional bidet, you sit on a heated seat while using the multi-functions of the Personal Hygiene System.



For information or purchase, please contact ASA (Aita Sales Agent) Phone (780) 922-4313 Fax (780) 922-4593 e-mail: msaita@oanet.com

MACHIDA COMPUTER SYSTEMS

Custom Assembled Computers
Televisions * Electronics * VCR's

(Sales and Service)

David Machida

(dmachida@telus.net)

90 Garnet Crescent Sherwood Park, AB T8A-2S4 Ph/780 467-5377

TONY the TAILOR ALTERATION SPECIALIST JUNKO DARASENG

Specializing in LEATHER, FUR & SHEEPSKIN
All types of mens & ladies clothes, coats & jackets
Dry Cleaning Available

10172 - 104 Street Edmonton, Alberta T5J 1A7 Telephone **426-4654**

Pacific Fish World

(Korean & Japanese Grocery)

Under New Management!

Stocking many Japanese items (unagi, tuna, ikura, black cod, kombu, Hikari rice, soba, sauces, sukiyaki meat and more)

New dry good items are being ordered weekly, and we are interested in hearing what customers want to see in the store.

> #52, 9703 - 41 Avenue Edmonton, Alberta Phone: (780) 414-0946

Open 7 days a week!

寿司わさび Sushi WASABI

5714 - 111 Street Edmonton, AB

Business Hours

Tues-Thurs: 11 AM - 1:30 PM; 5 PM - 9:30 PM Fri: 11 AM - 1:30 PM; 5 PM - 10 PM Sat: 5 PM - 10 PM Sundays & Holidays: 5 PM - 9 PM CLOSED Mondays

> Phone: 433-0533 Fax: 413-4138

EJCA秋のバザー

EJCAは「和の庭」の資金作りのために「秋のバザー」を催します。

バザー日程:

11月5日(日曜日)正午から3時まで。 場所はEJCAセンター

庭に欲しいものは次のような物です:

石灯籠(高い灯籠と低い灯籠) つくばい(手洗い)

鹿追

大きな日傘

寄付名札または名前用ボード

新品かほとんど新品同様な日本風な物の寄付をお願いいたします。他の手芸品も歓迎します。これはガラージ・セールではもりませんのでお了承を。

ランチとベークセールがありますのでベーク品の寄付をお願いします。饅頭類、日本のお菓子などは特に歓迎します。またデンチ調理, その他のためのボランティアーをお願いします。お寿司やうどんなどを作ります。この分野の資金は庭のために使われます。

サイレント・オークション、福引きがありますので、それに適した物がありましたら寄付をお願いいたします。ここからの4 入はEJCAの運営資金となります。

寄付される物をお宅まで取りに伺いますので必要でしたらお知らせください。 キャシー・テナント(436-6291)、イディー・ナガタ(484-5495)、ノリコ・フジノ(475-7339)

お正月用「お餅」の注文を受けます。「お餅」はお正月近くにお渡ししますが、注文を早めにお願いします。分量(ダースで)、名前と電話番号をレセプシオン・デスクの紙に書いてください。これはEJCA始めての試みです。

EJCA 年次総会

日時: 9月30日(土曜日)

午後2時半一午後3時半

場所: EJCAセンター

プログラム:

開会の言葉:マイク・ムラカミ 2005年9月10日 年次総会 議事録

会長の報告

会計報告及び各委員会報告

新役員会選挙

公開質問時間

年次総会へ出席してこの1年間のEJCA活動について、また将来の計画について聞きましょう。新旧役員に会いましょう、そしてあなたの支持を表明しましょう。

リフレッシュメントがあります。

ヘンリー・シミズへの感謝のデナー (ヘンリー・シミズ・ロースト)

日時: 10月28日(土曜日)

午後5時から10時まで

場所: EJCAセンター

このイベントはヘンリー・シミズの多くのカナダへの貢献、特に全国的に、またエドモントンにおいて 日系人社会への貢献に感謝する機会です。彼が受けた多くの賞の中には「オーダー・オブ・カナダ」も 含まれます。

注:このイベントは計画中です。10月中旬には詳細が全EJCA会員へ送られます。この特別なイベントに出席されますよう今からカレンダーに印しておいてください。

EJCA会長の言葉

マイク・ムラカミ

もうすっかり秋です。夜の風に寒さが感じられるようになりました――瞬の光のように過ぎて行ったすばらしかった夏を思いだします。皆さん、エドモントン・ヘリテージ祭りをこの夏経験していると良いのですが。

ほとんどのEJCA関連グループには新しいセンター・マネジャー、エライザ・ウオングから連絡があったと思います。彼女は夏中をかけてセンター・オフイスを整備していました。彼女はまたヘリテージ祭りではフード・セクションでボランティアーをしてましたから皆さんの多くはお会いになったでしょう。今エライザはキャシー・テナントとアリス・マと一緒にACL-EJCAコミュニティー・バーベキューの準備をしていますから9月24日に会う機会があります。

過去1年間、EJCA役員会はもっと有効的で会員に焦点を当てるために、管理、委員会組織、ボランティアーの協力方法を改善してきました。ボランティアーはEJCAの生命線とも言えるものですからボランティアー育成は優先されます。私たちの新しいボランティアーの焦点はEJCA会員、関連グループや我々のパートナーであるACLコミュニティーの価値を高めるように計画されています。私たちのボランティアー育成で焦点を当てる主な点は次の通りです。

- 1) ボランティアー活動をEJCAのミッションと戦略目標に結び つける
- 2) ボランティアーや関連グループは役員とパートナーとして 働くことを奨励する
- 3) ボランティアーのプロジェクトが「改善」に基づいた計画で始まる事を確かめる(包括的で進歩継続)

ヘリテージ祭りの日本館は私たちにとっては1年で一番大きいボランティアー・プロジェクトでEJCAコミュニティー全体が一緒になって仕事をします。それはまた、各グループやコミュニティーは孤立しているのではなく、エドモントンと言う生きたタピストリーの糸として相互関連していると感じる時でもあります。それはまた、私たちのコミュニティーの、問題点ばかりを見るのではなく可能性を包括的に見る時でもあります。それはまた共通のビジョンを持つ者として、私たちはリーダーとしてまた努力家として行動しなければならないことを理解する時です。それはコミュニティーの可能性に息を吹き込むことを目的として私たちの文化、言語、世代間に橋を掛ける時でもあります。

フード・セールや文化的なデモンストレーションでの成功はもちろんですが、日本館ボランティアー・コーディネーターはいろいろなボランティアーが共通のチーム・ゴールを達成することを援助しようとがんばっています。私たちが共有のチームゴールを目標としている時私たちの偏見が入り込む余地はないのです。自我のないチームワークが優勢になり、文化的な違いは後ろへ押しやられてしまいます。地域でのスポーツチームの中で多くの異文化間の友好関係があるように、日本館でのボラ

ンティアーチームでは自然に好意や友情が醸し出されます。人 生は時にはスポーツに似てます。

EJCAコミュニティーの一番大きいイベントを遂行するのは簡単ではありません。数ヶ月の計画、大勢のボランティアー、そして数名の中心となる人たちが全ての分野に居ます。日本館オーガナイジング委員会は次の人たちから成っています:ステファニー・ボーザー、スコット・サトン、シェリー・フルトン、ジョン・プリガート、キャシー・テナント、デイブ・ミューラー、ジョセリン・ハドン、スコット・アルナット、メーガン・ジョーンズ、チャック・エリオット、グレチェン・フリップス、ブレンダ・マディソン、と私はフェスティバルの前、最中、後で陰で多くの時間をつぎ込んで働きました。

フェスティバル中の天候は責任者にとっては夢のようでしたー温暖(暑すぎなく)で輝く太陽。ボランティアー・コーディネーターのグレチェン、シェリー、メーガンとステファニーはフェスティバル3カ間中ボランティアーの世話で大活躍をしました一準備から後始末、日本館の全てを取り外して保管場所へ運んだり、種々なデモンストレーション・グループの流れを調整したりと。キッチンではシェフのストッコ・サトンが超人的な働きをしてフェステバル中、焼き鳥、冷や奴、お好み焼き、たこ焼きとコンボが間に合うように監督していました。

日本人は外国からいろいろと吸収し、自分たちに合うように変えて行く事に優れています。何が私たちの'純粋'な日本館を他のヘリテージ祭りのパビリオンから引き離すかと言うと、調理する人、供する人、パフォーマンスをする人達が地球上のほとんど全ての大陸を反映していることです。とても興味がありますね。でも日本人は韓国から、そしてアジアの他の国から言語、食物、分法、着るもの、武道といろいろな物を借りませんでしたか。日本の漢字は中国からではないですか。ともかくユダヤ人の友人で中華料理店を持つ人が言いました一ベーグルを好きになるにはユダヤ人でなくでも良い、と。

日本館でパフォーマンスをする人たちはお祭りの顔ですから賞 賛を受け拍手を受けます。ですが、仕事を認めてもらえない多 くの人たちも居ます一調理をする人、供する人、皿洗いをする 人、準備する人(キッチンでどれだけ多くのボランティアーが 調理し、後片付けをしたか、驚くほどです)。これらの全ての 人たちに日本館の存在を可能にした事に対して日系コミュニ ティーからの心からの感謝をいたします。

なぜ私たちは「この祭り」に参加するかは忘れやすいことです。エドモントン・ヘリテージ祭りはますます多様化する世界の多くの文化を祝福することであり、より大きなコミュニティー内にうまく収まっていることを示すことです。日本館は3カ間のお祭りに参加した275,000人のアルバータ人にとっては日本文化を外部で祝うことです。また私たちのパビリオンの相互を尊重する偉大な文化はこの地球温暖化の今日での希望と正常

Continued on Page 12...

President...continued from page 11

さのオアシスですー私たちを離反させる狭義な宗教や国粋主義 を越えて。

日本館はEJCAのホスピタリティーを市へ提供する最良な方法であり、同時にEJCA関連グループの宣伝にもなります。またそれはEJCAコミュニティーの多くに取って、集まり、1年間会わなかった事の埋め合わせをする機会でもあります。それはまた私たちの人間性を結びつけ、一緒になって公園で毎年最良パビリオンを作り上げ、この世界を良い所とする方法でもあります。成功は成功を生みます。

「私が若かった頃、私は世界を変えたかった。世界を変える事は難しいことが分ったので私の国を変えようとした。国を変える事が出来ないと分った時、私の町に注目しだした。町を変える事が出来なかったので、老人として自分の家族を変えようとした。今、老人として分る事は私が出来る事は自分を変える事だけだと。私の家族と私は自分たちの町に影響を与える事ができた。これらの影響は国を変える事ができた、そして私は本当に世界を変えることができた。」不明僧。1100CE

カナダ・シニア・ゲームに参加

中野悠子

夫、卓夫と私は8月29日から9月2日までの5日間、マニトバ州の"Portage la Prairie"で行なわれた第5回カナダ・シニア・ゲームに初参加しました。二人合わせて、金メダル5個、銀メダル2個、銅メダル1個の計8個ももらいました。予想以上の結果だったので二人共ビックリです。この大会への参加資格はどの州かに住んでいる事、55才以上であること、そして各州の大会での優勝者、あるいは上位入賞者で州が参加を認めた人であること、となっています。

そしてほとんどの競技種目は55才から5才刻みのグループになり、80才、90才、100才までも競技をする人が居る限り、参加出来ます。

昨年8月私達はエドモントン地区の予選を経てワタスキワンで行なわれたアルバータ州大会の陸上競技に初参加。私はヤリ投げ、砲丸投げで金メダルを取り、主人は800メートルと1500メートルで銅メダルを取りました。それでこの大会の参加資格を得た訳です。このカナダ・シニア・ゲームはアート&クラフトからブリッジ、スクラブルなどメンタルなものを競い合うものから、トラック&フィールド、ゴルフ、水泳、テニス、サイクリング、スローピッチ、アイス・ホッケー、等の運動量の多いものまで23種目にわたり、州の名誉のために競い合います。

今回の総参加者は約1400人、その内アルバータ州からは約400人でした。メダルの獲得数はアルバータがダントツでトップでした。さて私たちのメダルの内訳ですが次の通りです。

- ・卓夫 (65才) 800メートル (銀)、1500メートル (金)、3000メートル (金)、100x4リレー (銅)
- ・悠子 (60才+) 円盤投げ (金) 、やり投げ (金) 、砲丸投げ (金) 、100x4リレー (銀)

参加者が少なかったせいもあり、卓夫はラッキーな事にメダルがたくさんもらえて喜んでいます。

"Portage la Prairie"はウィニペッグから西へ約80キロの所にあ 人口約2万の小さな町です。ポテトの工場があり、農業が主な町 の様でした。ボラン

ティアーの人たちもフ ル回転の様子で、食事 の世話、トランスポー テーション、エンター テインメントなどな ど、親切、丁寧でどの 人もフレンドリーでし た。お陰で本当に楽し いホリデーになりまし た。これに味を占め て、2008年にニューブ ロンズウィックの" Dieppe" で行なわれる大 会にも是非行きたいと トレーニングを再会し た所です。皆様も参加 してみませんか?



バクスター兵子さんはアルバータ大学Extensionで絵の勉強をしてきましたが、 卒業展示会を次の要領で行ないますのでご案内いたします。

日時:10月10日から18日まで。

場所: Extension・センターのギャラリー、8303-112 Street.

月曜から木曜日まで午前8時半から午後8時まで。

金曜午前8時半から午後4時半まで。土曜日午前8時半から正午まで。

開会レセプシションは10月10日午後6時から8時半。

阿波踊りドロップ・イン・セッション

第一回阿波踊りドロップイン・セッションを9月15日に行ないました。阿波踊りのビデオを見、ヘリテージ祭りの際のパフォーマンスのムービーを見て今後直すべき所を検討し、今後の活動計画を立てました。センターホールで約月二回の練習を始める案の検討をしました。また衣装についての検討もしました。

この活動に関心のある方をご招待します。試してみてはい かがですか。お祭りのような音楽

に会わせて踊り健康作り…

次の数回は:

日時: 9月29日(金曜日)

10月20日(金曜日) 11月3日(金曜日) 毎回午後7時から8時半

土曜日の朝のセッションはセン

ターホールが空いていないために今回は取れませんでした。もし日曜日の朝10時からのセッションに関心のある方がかなりの人数になりましたら、それも検討します。

場所:センターホール

酒井照子儀、 1908-2006

私の母 酒井照子儀 5度目の脳血栓のため9月2日享年 98歳にて永眠いたしました。EJCAの皆様方には生前のご 厚誼を感謝いたしますと共に謹んでご通知申し上げます。 なお葬儀は日本にて行う予定でいますゆえエドモントンで は近親者のみにて「お別れ会」をいたしました。

松葉さゆり

エドモントンのシニアを祝う会

10月1日(日曜日)、 正午から午後4時まで 場所:7404-139 St.

シニアの健康とインフォーメーションexpo. アンティーク自動車展示、音楽とエンターテインメント、食物、飲料水などが提供されます。

EJCAシニア・クラブのメンバーは特に出席されることを表 勧めします。



Currie-Hall Wedding

Hiroko and Alder Currie are pleased to announce the marriage of their daughter Aiko to Clayton Hall on September 3rd. 2006 at the EJCA. The ceremony took place in the Japanese Garden. The happy couple are residing in Victoria, BC

アルダーとヒロコ・カーリーは娘、 アイコが9月3日、クレイトン・ホールとセンターの庭で結婚式をあげました事をお知らせいたします。結婚式は日本式で、花嫁は写真のように伝統的な着物姿で式をあげました。



VOLUNTEER OPPORTUNITIES

As the dazzling Heritage Festival experience revealed, our EJCA community is an indivisible whole, a great pool in which everyone's experiences (past and present) embody a confident glimpse into the future. And as the new EJCA year begins, the Board invites community members to share their perspectives on either the Board, or on an EJCA Advisory Committee. Your input, how ever small, can help EJCA continue programs that facilitate the development of an inclusive and vibrant Japanese Canadian community within multicultural Edmonton - while fostering global citizenship.

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every da about the kind of community you want to live in." -- Marjorie Moore

OPPORTUNITIES TO MAKE A DIFFERENCE!

Should any of the following volunteer opportunities interest you, a box(es), complete the contact information and FAX or mail the for Opportunities, 6750 -88 Street, Edmonton, Alberta T6E 5H6	
EJCA Board of Directors Volunteers are required to serve on the EJCA Board. The Board governs the organization through policies in place or to be created. The Board works collaboratively with EJCA Advisory Committees in the best interest of EJCA members and affiliated groups. "Kaizen" principles of inclusiveness and continual improvement guide Board decisions. Meetings are once a month (except July and August) Subcommittee meetings are set by members availability	Social Committee Volunteers who can lend experience in organizing annual even such as Sukiyaki Night, Christmas and New Years parties. Meetings are set by members availability Finance Committee Volunteers who can lend experience in financial management and strategic planning. Meetings are set by members availability
EJCA ADVISORY COMMITTEES Volunteers are required to serve on the following EJCA Advisory Committees: Fundraising Committee Volunteers who can lend experience in fundraising campaigns and proposal writing to procure grants, sponsorship and in-kind donations to support EJCA community projects. Meetings are set by members availability Membership Committee Volunteers who can lend experience in public relations to build	Japanese Garden Committee Volunteers who can lend experience in the growth of the Centre's Japanese garden and in creating opportunities to learn about Japanese garden traditions. The committee includes Bonsai Club members and meetings are set by members availability Long-term Planning Committee Volunteers who can lend experience in long term strategic planning with regard to EJCA policy development, EJCA's programs and board operations. Meetings are set by members availability
and sustain EJCA membership. Meetings are set by members availability Japanese Pavilion Organizing Committee Volunteers who can lend experience in organizing the Japanese Pavilion for the Heritage Festival. Meetings are set by members availability	Communications Committee Volunteers who can lend experience in turning out the EJCA's bimonthly newsletter (Moshi Moshi). Those with writing or desktop publishing talents are especially welcome. Meetings are set by members availability
Program Committee Volunteers who can lend experience in enhancing existing and developing new community programs such as seniors and wellness activities. Meetings are set by members availability	Your Name Your Phone/Fax Number Your Email Address

THANK YOU!