



### EJCA Christmas Party

**Date: Saturday December 9, 2006**

**Place: EJCA Cultural Centre  
6750 - 88 Street, Edmonton**

**Time: 4:00 pm - 8:00 pm**

**Bring your Friends and Family!**

#### Program

- 4:00 - 5:00 pm Arrival & Social time in the hall  
Children's program in the lounge
- 5:00 - 6:00 pm Santa Claus (gifts for children) - hall
- 6:00 - 7:00 pm Dinner (turkey with all the trimmings,  
ham, desserts)
- 7:00 - 8:00 pm Entertainment & social time

#### Admission:

- Adult (11 years or older) \$12, \$17 (non-member)
- Children (5-10 years) \$5
- Children (4 years and under) Free
- Seniors (70 years plus) Free
- (All children 10 and under will receive gifts from Santa)



*Please make reservations by phone (466-8166) or e-mail (office@ejca.org) to the Centre by Wednesday December 6, indicating the number attending and children's names & ages (for suitable gifts). Seating limited to the first 120 to reserve!*

### 2007 EJCA New Year Party & Karaoke Concert

**Date: Sunday January 21, 2007**

**Place: EJCA Cultural Centre  
6750 - 88 Street**

**Time: Centre opens at 4:00 pm**

Come to the Centre to celebrate 2007, the Year of the Boar (Inoshishi No Toshi)!

**Bring your favorite New Year Dish**  
(Pot Luck dinner, but free o-zoni, gohan, wine, sake & tea will be provided)

Exchange New Year Greetings with Friends, Old and New!

#### Program (times approximate)

- 4:00 - 4:30 Pot Luck Dinner Set Up
- 4:30 - 5:30 Pot Luck Dinner
- 5:30 - 6:00 Social Time
- 6:00 - 8:00 Karaoke Concert



#### Karaoke Concert

The 2007 Karaoke Concert will be held in conjunction with the EJCA New Year Party following the pot luck dinner. The concert will begin at 6:00 pm on Sunday January 21, 2007 at the EJCA Centre. Everyone attending the dinner is invited to enjoy the concert. For those wishing to attend the concert only, please obtain your free ticket in advance from any Karaoke Club member. Hope to see you all there!

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## 2006 - 2007 EJCA Board of Directors & Committees

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Sanae Ohki - 459-3862

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### Past President

Yumiko Hoyano - 437-7730

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interested in Japanese culture, including  
announcements of upcoming events.*

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Deadline for Submissions for the Next Issue  
(Vol. 32, No. 3) is January 10, 2007

Submission Deadlines for other upcoming issues:

Volume 32, No. 4 - March 10, 2007

Volume 32, No. 5 - May 10, 2007

Volume 32, No. 6 - July 10, 2007

Volume 33, No. 1 - September 10, 2007

Volume 33, No. 2 - November 10, 2007

## EJCA Mission & Vision Statements

### Mission

- To facilitate the development of an inclusive and vibrant Japanese Canadian Community within a multicultural Edmonton.
- To support the objectives of the National Association of Japanese Canadians by promoting respect and harmony among people of various cultures in the Edmonton area.

### Vision

- A dynamic and evolving community that sustains a sense of well-being built upon awareness of Japanese heritage in Canada.

## President's Corner

Mike Murakami

### Hello Everyone!

Yikes! As I write this update, I recall this time last year, it was a balmy +10°C compared to the chilly -18°C today. On the plus side, invigorating weather stimulates thinking about the Not-To-Be-Missed seasonal community events coming up. The magical EJCA Christmas Party on December 9th when Santa showers warm seasonal greetings on young and old alike. And of course the magnificent EJCA New Years Party on January 21 featuring the years yummiest community pot luck meal, and live performances by our highly talented Karaoke Club. (see the Moshi Moshi ads for more information) Bring yourself, your family and friends to both parties! Everyone is welcome - but be sure to RSVP asap for the Christmas Party!!

Other enjoyable ways to connect to the community are through volunteering your help on a EJCA committee listed on the back page, or by joining an affiliated EJCA club. Both ways offer many satisfying growth opportunities. Remember, the Community Cultural Centre is more than just a building and a Japanese garden, it's an inclusive place of relationship building, friendships, mutual support, information sharing for all generations regardless of one's ethnic heritage. While the Centre offers a unique blend of high quality Japanese cultural programs not available elsewhere in Edmonton, the participants and instructors in many of the programs are non Japanese. Its just a reflection of the evolutionary fact that people of Japanese heritage now make up a mere 0.02 % of the Canadian population.

### Teepee Spirituality

On October 20th, during the John Humphrey Centre organized conference titled Building World Peace - The Role of Religions and Human Rights, that I attended on behalf of NAJC, renowned Canadian pacifist and onetime Iraqi hostage James Loney used a lesson he learned from a Native elder during a visit to a remote northern Manitoba community to illustrate how extremely interconnected and interdependent we are as a community (locally and globally). When he asked the Native elder which is the true religion, motioning to the poles of a nearby teepee, the elder told Loney.

“See, the poles all point to God.” Each one of those poles is like a different religion, the elder said, yet they all meet at the same point as they rise up to seek God. No one pole can stand on its own. No pole is superior to the other. ” And they were arranged in a circle with no beginning or end, but they all came together to form a house that provided warmth and shelter.”

Radicals of all religions must learn that lesson. When followers of a religion seek supremacy for their particular faith, that faith can only fall. In a similar way, residents of Baghdad are now dying by the hundreds as Sunni and Shiites battle for the supremacy of their particular beliefs. That Japanese Canadian Buddhist temples were vandalized in 1942, and that mosques

and synagogues are defaced in multicultural Edmonton today - we know we are far from perfect. “In the shelter of each other, people live.” is a sobering Irish proverb that perhaps summarizes our collective challenge.

### Work in Progress

As you may know, the Centre which is shared by the Argyll Community League and EJCA is located on a District park linked to Edmonton's vast park network. And as a District park, it serves several surrounding communities and user organizations such as those using the Velodrome, soccer and baseball fields. Hence, the park is a continuously evolving space. To address planning in a coherent way the City held several productive community consultation meetings this fall with the Argyll community, EJCA and park user groups to invite feedback and discussion with regard to future park developments. The outcome of this community consultation process will ultimately shape a comprehensive City District Park Master Plan that may impact the Centre. The meeting details, consultation summaries generated by the City, and future meetings will be posted on the EJCA website soon. For obvious reasons, we particularly encourage Centre user groups to look at the information and attend future community consultation meetings. As always, the Centre is a work in progress.

Improvements on the EJCA website will continue. A new website design is in the works with user-friendly features to make your visits more enjoyable. Sanae Ohki is joining the website team to add Japanese language content too. Suggestions, comments or contributions with regard to the website design, content and links are most welcome.

### Milestones

On the evening of October 28, Kita No Taiko and Wakaba-kai provided magnificent performances to a full hall at Henry Shimizu's Roast. Tak Ohki did a masterful job as MC choreographing the jokes and fascinating stories that spilled forth from Henry's friends, family and colleagues. It was history told and history in the making. To see how the threads of four generations linked to Henry and EJCA intersect so delightfully that night was priceless. After the performances, Henry presented the Kimiko Shimizu Cultural Development award check to Nancy Cyr on behalf of the Awa Odori dance group. Enough cannot be said for the Roast organizers, MC Tak and the volunteers who arranged for the food, refreshments and set-up logistics to prepare for the highly successful Roast. Well done! Many thanks for all your hard work!

**Many thanks too to our dear EJCA friends who made donations this fall to EJCA. (see donation credits in Moshi Moshi)**

Continued of Page 4...

## President's Corner...Continued from Page 3

### The Year of The Boar Approaches

I have now been privileged to be president of EJCA for just about a year. During that time, I have talked to more people than I can count about EJCA, its accomplishments and its deficiencies, and its future. All said, I'm confident EJCA has an exceedingly great future. Our greatness is driven by great Board leadership. And so, a warm welcome to three new Board members who came on board at the EJCA AGM. Sanae Ohki former principle of the Metropolitan Edmonton Japanese School and very active EJCA member, and Joyce Kiyooka a valued volunteer at the Grey Nuns Hospital and avid curler, and Kita No Taiko's savvy manager, Brenda Madsen are adding their huge creative talents to help EJCA serve our evolving community needs. Welcome aboard! We have a great Board team to guide EJCA through the year of the Boar (2007). The year of the Boar is one of benevolence, one with a lot of 'feel good factor', one of 'abundance' and a good year for business. The Boar is the symbol for great courage and integrity. Lets hope many 'Boar' benefits rub off on EJCA.

Since this is the season for many celebrations, here's the final word on nutrition and health.

It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than Americans.

2. The Mexicans eat a lot of fat and suffer fewer heart attacks than Americans.
3. The Chinese drink very little red wine and suffer fewer heart attacks than Americans.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than Americans.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than Americans.

#### Conclusion:

Eat and drink what you like. Speaking English is what kills you.

On behalf of the EJCA Board,  
Seasons Greetings and Best Wishes to Everyone!



EJCA Board of Directors for 2006-07

Mike Murakami	Cathy Tennant
Wray Tsuji	Sanae Ohki
Brenda Madsen	Yuri Nakano
Joyce Kiyooka	Scott Sutton
Rick Hirata	Jim Hoyano
Yumiko Hoyano - Past-President	

### From the Centre Manager

Dear Friends,

I will be out of the office from Saturday December 30, 2006, and will be back on Monday January 15th, 2007. I will be visiting my sister in Kyoto, Japan. I will see you all at the EJCA New Year Party on January 21.

If you have a scheduling, or other concern you need to discuss before January 13, 2007, please e-mail me at <office@ejca.org>, or call me at 466-8166.

Thank you.

Warm regards,  
Eliza

### Annual Karaoke Concert

Again this year, the Karaoke Club will have a concert. The concert will follow the EJCA New Year Party on Sunday, January 21. Please join us and enjoy!

Date: Sunday, January 21, 2007  
 Time: 6 pm - 8 pm  
 Location: EJCA Cultural Centre  
 6750 - 88 Street, Edmonton  
 Organized by: Edmonton Karaoke Club



The New Years Party will start at 4 pm. If you are joining the Karaoke concert only, please come to the Centre by 5:45.

## EJCA Seniors News

### Monthly Meetings

The EJCA Seniors Club meets on the 4th Wednesday of each month at the Centre beginning at 11:00 am. If you plan to attend please contact Ruby (475-7147) or Yoshiko (456-8694) one week before, so we know how many lunches to order. Cost of the lunch is \$8. There is no meeting in December. Future meetings are January 24, 2007, February 28, 2007, and March 28, 2007.

## Fall Bazaar Fund-Raiser To Benefit The Harmony Garden 'Wa No Niwa'

Cathy Tennant

This year, the EJCA Board felt that we should dedicate the proceeds of the 2006 Bazaar to support the ongoing care and development of our Wa no Niwa. Ideas have already come forth for items that will continue to add to the traditional look of the garden and that will attract even more interest in experiencing the uniqueness of Japanese gardens (see September issue of Moshi Moshi)

Earlier, it was decided that the profits from the Heritage Festival would be used to complete the exterior of the fence surrounding the garden. The success of the pavilion this year, will enable us to cover the estimated cost of \$7,000 for this necessary project. We are grateful to all the hard-working Heritage Festival volunteers who made this possible!

So, because of the success of the Heritage Festival pavilion, the bazaar, and generous personal donations of time and money, next year we will be able to watch the garden continue to grow.

The success of our bazaar always depends heavily on the food area, and this year was no exception ... eager bazaar-goers started arriving before the official opening and headed straight to the lunch area. In addition to the udon and oyakodonburi which were sold piping hot from the kitchen area, futomaki and inari-sushi were also sold along with a variety of delicious dessert goodies at the bake-sale table. Our efficient "announcer", Sam Sasano, called out the lunches as they were ready for pick-up, helping to eliminate the congestion around the kitchen windows this year.

Extra tables needed to be set up to accommodate all the diners who enjoyed the company of friends and new acquaintances over lunch and a cup of tea. It was good to see so many people come out to enjoy a typical Japanese meal, to shop a little and to take a chance on the raffle prizes!

A wide-range of Japanese items were generously donated for the Sale Table and a variety of items were also donated for the Silent Auction and Raffle. The sale and raffle areas were successful but because of the limited amount of space to display items, we had to reserved some of the items for use at future events.

For the first time in many years, we also had a "Book Sale and Order" table. The very popular Japanese cookbook published by the Kamloops Japanese Association was for sale and orders were taken for a variety of books available from Nikkei Books. Hopefully, one service we will be able to provide EJCA members in the future is the ordering of children's books and books on Japanese heritage, history, crafts and cooking at member discount prices.

The bazaar also gave us an opportunity to continue to take orders for our first ever, New Year's Mochi Sale (please look for a separate notice in the Moshi Moshi). There is still a limited

time to put in more orders which can be picked up closer to the end of the year.

All in all, the Bazaar was a big success thanks to our ma generous donors of volunteer time, sales items and prizes together with everyone attending the Bazaar, helping to raise more than \$1,768.00 for the garden.

**Watch for New Additions to the Wa no Niwa  
in the Spring of 2007!**

### Congratulations to Raffle Winners

Japanese Tea Cups	Jacob Traynor
Shogun Restaurant Gift Certificate	Ricki Higa
Sony Walkman	Toshiaki Koike
U of A Pedometer	Irene Kiyooka

Thanks for Helping to Make the Bazaar  
Such a Success

Volunteers:

#### Kitchen Staff & Sushi makers:

Mineko Sasano	Toshiko Yamamoto	Miwako Shukud
Hiroko Currie	Masako Hubbihoca	Keiko Allport
Kieko Ito	Hideko Koharski	Yuko Nakano
Kimi Tainaka	Aiko Kawawada	Noriko Fujino
Grace Fujino	Naomi Leroy	Chizuko Kimura

#### Sales Tables and other volunteers:

Liz Machida	Wray & Gail Tsuji	Mike Murakami
Soly Sawada	Michiko Kawashima	Joyce Kiyooka
Aiko Murakami	Sayuri Matsuba	Kyoko Kamei
Rick Hirata	Sam Sasano	Alder Currie
Gail Els	Florence Ingham	Bob Tennant
Cathy Tennant	Jim Hoyano	Yumiko Hoyano

#### **Sale Items, Silent Auction and Bake Sale:**

Florence Ingham	Aiko Murakami	Sachiko Nagata
Joyce Kiyooka	Tammy Tsujikawa	Gail Tsuji
Keiko Sujino	Lucy & John Takahashi	Akiko Kohana
Cathy Tennant	Masako Hubbihoca	Yumiko Hoyano
Kita No Taiko	Sandy Nakashima	Keiko Frueh
Harry & Lillian Sameshima		

**Raffle Prizes:** Shogun Restaurant, Edie Nagata, Cathy Tennant

A number of unlabeled donations were left at the EJCA Centre so many thanks to these friends. We apologize for any name which we inadvertently missed (please notify us if you know anyone we should have mentioned so that we can acknowledge in the next Moshi Moshi)





## Inside the Kitchen at the Fall Bazaar

### Masako Hubbihoca

The weather was a little worrisome leading up to the big day, but on November 5th, the day of the bazaar, it was a fine day and we were able to welcome many people to the Centre.

As soon as the Bazaar's official opening came at noon, the kitchen became very busy. "One Oyako~" "One Udon~" calling out the orders and "Okay~" with high pitched voice just like professional came back. It was enargetic and lively in the kitchen. Within an hour and a half, we cried out for joy because everything was sold out.

The preparation for this day began weeks in advance: enlisting kitchen helpers, putting together the menu, assigning people for various tasks. A few days before the bazaar, some of us went shopping for the various ingredients.

Two days before the bazaar, the cooking and baking preparation of the various maki-zushi stuffing materials began.

The day before the bazaar, some of us were in the Centre kitchen cutting chicken and onions, and cooking the oyako donburi topping. Rice was washed for two large 20-cup rice cookers and the times were set so that the rice for the sushi would be ready just as the sushi makers arrived the following morning.

The morning of the bazaar, cucumbers were sliced, wakame was soaked to soften and harusame was prepared, all ingredients for suno mono. Naruto kamaboko was sliced and green onions were chopped small for the udon topping. A total of 50 cups of rice was cooked for this day.

The sushi making group arrived at the Centre at 9:00 am and immediately began rolling the maki sushi in the #3 lounge. Inari zushi was stuffed at the same time. Futomaki and Inari zushi were arranged on styrofoam plates and wrapped, then immediately transferred to the table in the hall. There were more than 120 plates made and the sales were brisk.

In the kitchen, the broth for the udon was made; then the udon was cooked individually in it, the toppings were placed and the bowl was handed to the person at the kitchen window and then

given to the customer. On the kitchen counter, a large number of donburis were placed, rice was put in one after another, then the Oyako topping was placed and then handed to the person at the window, then to the customer. Each individual had an assigned task and was very efficient, so we were able to serve the delicious dishes to such a large number of people in a relatively short time.

Many people volunteered to help in the kitchen, and I would like to thank Mrs. Noborio for helping us purchase a number of specialty food ingredients. Thank you.

I would like to mention that this year, there were a number of younger people who came to help in the kitchen and this is very encouraging for future events like this. I would like also to thank Mrs. Ikawa who sends various items from Japan every year.

#### Kitchen Helpers (in random order):

Mineko Sasano, Yuko Nakano, Miwako Shukuda, Hiroko Currie, Masako Hubbihoca, Keiko Allport, Kieko Ito, Hideko Kohalsky.

#### Sushi Makers:

Toshiko Yamamoto, Kimi Tainaka, Aiko Kawawada, Noriko Fujino, Grace Fujino, Naomi Leroy,

#### Sales Table helpers:

Gail Tsuji, Soly Sawada, Liz Machida, Merjene Turnbull, Kyoko Kamei, Michiko Kawashima, Joyce Kiyooka, Aiko Murakami, Sayuri Matsuba,

#### Other helpers:

Sanae Ohki, Yumiko and Jim Hoyano, Flo Ingham, Cathy and Bob Tennant, Alder Currie.

There must be some people whose names are missing from the above, and if you are one of them, please let us know so that we can acknowledge your contribution in the next issue.

I am happy to report to all the helpers that we made \$1,768 profit from this year's bazaar; these funds will go towards additions to the Wa No Niwa (Harmony Garden).



## "Thanks for the Memories"

We were delighted and honored to be in Edmonton for the "Dr. Henry Shimizu Roast" on Saturday October 28th. It was wonderful to see again, those friends and former colleagues that we have known for so long.

Both Joan and I would like to thank the organizing committee and especially Mike Murakami and Jim Hoyano. Many thanks to the kitchen volunteers, the delicious bento dinner was so perfect for the occasion. I would like to thank all the speakers and the MC Tak Ohki for their eloquence and humor, and especially my son, Darren. The entertainment was impressive, special thanks to the Kita No Taiko and the Wakaba-kai Dancers. The EJCA is so fortunate to have such dedicated and talented individuals.

There was a wonderful mix of friends with a great deal of congenial conversation that filled the room with a constant gentle hum. It was such a nice occasion both Joan and I were reluctant to leave and we were warmed by the good wishes -- it was a magical evening.

### Henry & Joan Shimizu



*Note: EJCA thanks Henry & Joan for their generous donation to the Kimiko Shimizu Cultural Development Fund*

## Michiko Ikawa

### Toshiko Yamamoto

There may not be too many people among the EJCA members who remember Mrs. Michiko Ikawa. She came to Edmonton 16 years ago (1990) with her husband who was a visiting professor at the Food Science at U of A for 8 months.

While she was here she was actively involved in the EJCA Craft Club, preparing craft items for the Heritage Festival that year.

After they returned to Japan, she began sending items from Japan for sale at Heritage Festivals and EJCA Bazaars. She continued to send items every year for the last 16 years. They included fabrics, geta (wooden shoes), bags, small boxes, colorful papers, wedding gown, kimonos, Hina dolls, toys, etc.

When she saw an ad for the EJCA fall Bazaar in Moshi Moshi which they receive in Japan, she immediately mailed many small items for the occasion.

I am sure I am not the only one who feels humbled by her dedication and generosity.

Michiko lives in Machida-City in Tokyo with her husband and volunteers at seniors home and related areas. She says instead of spending time for her own hobby, she would rather help others and that makes her happy.

Michiko, thank you so much. We really appreciate your dedication and generosity.

I am waiting for the day when we will meet again here in Edmonton.

Her stay here was very short, only 8 months, but she feels so close to us and became such a precious friend to many of us.

## Shigeru & Kiyoko Huzinaga (Fujinaga)

Dr. and Mrs. Shigeru Huzinaga (Fujinaga) came to Edmonton in 1967. Dr. Huzinaga was a Chemistry professor at the University of Alberta until his retirement in 1992. Since then he has been an Emeritus Professor, continuing his research here and in Japan, but they have moved permanently to Japan at the end of October

Mrs. Huzinaga was an active member of the EJCA craft group. She made craft items and helped sell them at various bazaars and functions to raise funds for our Centre. She also taught Japanese cooking to a group of community members.

It was sad to hear that they will be relocating permanently to Japan. We wish them a healthy life in Japan. I am sure there are a lot of people Dr. and Mrs. Huzinaga wanted to say goodbye to, but did not have a chance to do so. Thus, I share a translated version of the farewell letter sent to me by the Huzinagas. Enclosed with the letter was a major donation cheque to EJCA. Thank you very much from the community.

*"Thank you for the many years of our association with you and the community.*

*We have decided to move to Japan after living in Edmonton for a long time. We have been living in Japan for half the year for the last 20 years, so I have not been of much help to you and feel sorry about it.*

*Thank you for sending us the Moshi Moshi to us for so long. We enjoyed reading it very much. Enclosed is a check to express our appreciation and hope it can be of some help to you.*

*We are leaving here early in the morning of October 25, and so sorry for not coming over to say goodbye. Please say hello to the President of EJCA and Jim. Please take care of yourself and live a healthy life. My husband says Good bye to you too.*

*Kiyoko Fujinaga"*

## Donations

The following generous donations are much appreciated.

**Shigeru & Kiyoko Huzinaga (Fujinaga)**

**Henry & Joan Shimizu**, to the Kimiko Shimizu Cultural Development Fund

**George Ogawa**, to the 'Wa No Niwa' Harmony Garden Fund.

## Calendar of Upcoming Events

December 9, 2006	EJCA Christmas Party, at the Centre beginning at 4:00 pm
December 12, 2006	EJCA Board Meeting, at the Centre beginning at 7:00 pm
January 9, 2007	EJCA Board Meeting, at the Centre beginning at 7:00 pm
January 21, 2007	2007 EJCA New Party & Karaoke Concert, at the Centre beginning at 4:00 pm
January 24, 2007	EJCA Seniors Club Meeting, at the Centre beginning at 11:00 am
February 13, 2007	EJCA Board Meeting, at the Centre beginning at 7:00 pm
February 28, 2007	EJCA Seniors Club Meeting, at the Centre beginning at 11:00 am

## *BAZAAR BOOK ORDERS (in time for Christmas)*

If you ordered books at the Bazaar GOOD NEWS ... they're on their way and should arrive at the Centre sometime next week (in time for pick-up at the Christmas Party on December 9th).

You'll be getting a phone call when the books are here so that you can arrange pick up and confirm the prices.

## *NEW YEAR'S MOCHI*

We will still be taking orders for our first **New Year's Mochi** sale until December 10, 2006.

One dozen mochi (flat type) for \$5.00 must be pre-ordered for pick-up at the EJCA Centre before New Years Day.

Some mochi will be made and ready for pick-up by the Christmas Party on Saturday December 9th. If you wish to be on the list to pick up your order on December 9th, please call. Because there may not be enough ready to fill all the orders, we'll work on the orders on a first-call first-served basis, while supplies last.

The remaining orders will be filled before New Year's and you will receive a phone call to let you know when your order can be picked up.

Edie 484-5495 Cathy 436-6291

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**Christmas Celebration Service**  
Sunday, December 17, 2:30pm

**All are welcome!**



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Tues-Thurs: 11 AM - 1:30 PM; 5 PM - 9:30 PM  
 Fri: 11 AM - 1:30 PM; 5 PM - 10 PM  
 Sat: 5 PM - 10 PM  
 Sundays & Holidays: 5 PM - 9 PM  
 CLOSED Mondays

**Phone: 433-0533**  
**Fax: 413-4138**

## EJCA クリスマス・パーティー

12月9日（土曜日）

恒例のクリスマス・パーティーを開きます。  
お友達もお誘いの上お出かけください。

開場： 午後4時、プログラム：午後4時から8時

場所： EJCAセンター、6750-88 Street

### プログラム：

4:00 - 5:00 pm 来場と挨拶, 交歓の時間：子供のプログラムはラウンジで。

5:00 - 6:00 pm サンタの訪問（ホール）

6:00 - 7:00 pm クリスマス・デナー（ターキー、ハム、トリミング、デザートなど）

7:00 - 8:00 pm エンターテインメント、社交の時間

大人（11才以上）会員 \$12; 非会員 \$17; 子供（5-10才）\$5

子供（4才以下）とシニア（70才以上）：無料

サンタからのプレゼントは10才以下の子供たちだけです。

12月6日までにセンターへお電話(466-8166)又はメール  
office@ejca.org)でお知らせください。

子供の人数、年齢（性別）、名前を早めに知らせてください。

参加人数は先着順に120名までです。早めに登録してください。



## EJCA 新年会とカラオケ大会

1月21日（日曜日）

EJCAは新年を会員の皆様と一緒に祝う「新年会」を下記のように計画しています。  
ご馳走は持ち寄りです。皆さん、腕によりをかけて新年に相応しい美味しいものを作ってください。

お正月の雰囲気を醸し出すために着物を着てくる人が大勢いると楽しいですね。

プログラム： 4時－4時半 デナーの準備。  
4時半－5時半 デナー：持ち寄り料理、酒、ワイン、雑煮、ご飯は用意します。  
5時半－6時 食事後の社交の時間  
6時半－8時 からおけConcert



デナーの後でカラオケ・クラブによるコンサートを催します。コンサートは6時に始まります。デナーに参加される方々は全員コンサートへご招待いたします。コンサートだけのために来場される方々はあらかじめカラオケ・クラブの方から無料のチケットをお求めください。大勢の皆様が来場されますようお誘いいたします。

## EJCA会長の言葉

マイク・ムラカミ

### 皆さん今日は！

嫌になりますね、今これを書いています、今日のこの-18度に比べて今年の今頃は10度以上の暖かい気温だったと記憶しています。でもプラスの面ではこの元気づけてくれる気候は「逃す事のできないこの時期のコミュニティー・イベント」を考えさせます。12月9日の「魔法のようなクリスマス・パーティー」ではサンタが老いにも若きにも時候の挨拶を送ってくれます。また1月21日のすばらしいEJCA新年会が一番美味しいご馳走の集まる「持ち寄り」会で、その上に、カラオケ・クラブの皆さんによる「ライブ」パフォーマンスがあります。あなたご自身も、家族の皆さんもお友達も連れて両方のパーティーへお出かけください…ですが、早めに登録することをお忘れなく。

コミュニティーと接触する他の方法としてはEJCAの各委員会でもボランティアとなる事やEJCA関連の各クラブに参加することです。両方ともあなたに多くの満足できる機会を与えるでしょう。コミュニティー・カルチャー・センターは単なる建物と日本庭園だけではないことをお忘れなく。そこは人種に関係なく、すべての世代にとって、知人、友人の環を広げ、相互援助や情報交換の場でもあるのです。センターではエドモントンの他の場所にはないユニークな日本文化プログラムが数多くありますが、参加者や先生は必ずしも日本人ではありません。これはカナダ人口のたった0.02%が日本人ヘリテージであることの反映です。

### ティーピー精神性

「Building World Peace-宗教と人権の役割」と言う John Humphery Centreが10月20日に開催した会議に私はNAJCを代表して出席しましたが、その時有名なカナダ平和主義者で以前イラクの捕虜であったジェームス・ローニーはマニトバ北部の遠くにある部落を訪れたときにそこの長老から学んだことを使い、いかに私達はお互いに繋がっておりお互いに依存し合っているか（地域でも世界的にも）と言うことを説明しました。彼が本当の宗教とは何かと尋ねたとき、長老は近くのティーピーの棒を見て、このように答えました。

「見てご覧、棒は全部神の方へ伸びているだろう」「一本、一本の棒は異なる宗教であり、それらが神に向かって伸びるとき一カ所に集まっているでしょう。一本の棒はそれだけでは立っていることはできないのです。どれか一本が他の棒より優れていると言うことはできないのです。」と長老は言いました。「これらの棒は円を描くように置かれ、始めと終わりがありません。ですがこうして棒が集まって家を作り、人に暖かさや住む所を与えてくれるのです。全ての宗教の過激派はこのレッスンを学ぶべきです。ある宗教の信者がその宗教がもっとも優れた宗教であるとするとその宗教は失敗に終わります。同様にバグダッドではスンニとシーアイトが優位を勝ち取るために戦

う事によって多くの住人が死んでいます。1942年に日系カナダ人のお寺が破壊され、今日、多重文化都市であるエドモントンでモスクやシナゴグが破損されているのを見ると、私達はまだまだ完璧であることからはほど遠いことが分ります。「お互いの家に人は住んでいる」と言うアイルランドの格言は私達の共同の挑戦を纏めて言っています。

### 進行中の仕事

皆さんもご存じのようにセンターはアーガイル・コミュニティー・リーグとEJCAが共有しており、エドモントンの広大な公園ネットワークに繋がる地域公園に位置しています。地域公園として、回りの幾つかのコミュニティーやペロドローム、サッカー、野球などの団体が使います。従って、公園はつねに変化しています。一環した計画を立てるために市はこの秋、数度のコミュニティー相談のためアーガイル・コミュニティー、EJCA、各スポーツ・グループなどとの会合を持ち将来の公園計画についての討論しました。これらの会合の結果がセンターにも影響する統括的な市地域公園マスタープランの形を作る事でしょう。会合の詳細、市が作り出す統括的な概要、将来の会合などはEJCAのウェブサイトにかかいうちに載る事でしょう。センターを利用しているグループの皆さんはインフォメーションをここから得られますように、また将来の会合に出席されますようお勧めします。センターはいつものように「仕事進行中」です。

EJCAウェブサイトは改良中です。もっと使いやすい新しいデザインの新ウェブサイトが建設されつつあります。サナエ・オーキさんがウェブサイトチームに加わり、日本語のサイトもできます。ウェブサイトのデザイン、内容、リンクなどについての提案やコメントがありましたら歓迎します。

### 標石

10月28日ヘンリー・シミズ・ローストでは満席のホールで「北の太鼓」と「若葉会」の皆さんがすばらしいパフォーマンスをしてくれました。タック・オーキはジョークを交えた司会をし、ヘンリーの友達、家族、仕事仲間からは面白い話がたくさん出てきました。その夜は歴史が語られ、歴史が作られました。4世代の絆がどのようにしてヘンリーとEJCAを結びつけているかを見ることはお金に変えられない貴重なものでした。パフォーマンスの後でヘンリーは「キミコ・シミズ・文化基金」へ寄付をしてくださいました。ヘンリー・シミズ・ローストをオーガナイズした人たち、司会者、食事、飲物、会場準備などを担当してくださり、この会を成功させてくれた人たち。これ以上言うことはありません。上出来でした。感謝します。

今年の秋、EJCAへ寄付をしてくださった大勢のEJCAの友人たちへ感謝いたします。

Continued on Page 12...

## President...continued from page 11

## 「いのしし」の年が近づいてきました

私はEJCA会長として一年が経ちました。その期間中、EJCAについて、その達成したこと、欠けている点、その将来について無数の人たちと話しました。EJCAにはすばらしい将来があることを信じて疑いません。その偉大な点は偉大な役員会の推進されます。ここで年次総会で選出された3人の新役員を紹介します。サナエ・オーキは前日本語学校校長であり、非常に活発なEJCA会員でもあります。ジョイス・キョオカはグレーナン病院でボランティアをし、元気なカーラー（カーリング）、「北の太鼓」のマネージャー、ブレンダ・マディソン、彼ら3人は変わりゆくEJCAの必要に応じてEJCAのために彼らの才能を発揮していくことと思います。役員会へようこそ！私達は立派な役員会が「いのしし」の年、2007年を導いて行くことと思います。「いのしし」の年とは寛大で、心地よく感づる要素、豊富などの年で、商売に良い年とされています。「いのしし」は偉大な勇気と高潔のシンボルです。「いのしし」の多くの良い点が少しでもEJCAへ来るように祈りましょう。

今はお祝い事の多い時期です。栄養と健康について一言。いろしろと混乱している栄養についての報告がある中で真実をすることで安心できます。

1. 日本人は脂肪分をあまり取らないのでアメリカ人に比べて心臓病が少ない
2. メキシコ人はたくさんの脂肪分を取るがアメリカ人に比べて心臓病が少ない
3. 中国人は赤ワインをほとんど飲まないけれどアメリカ人より心臓病が少ない
4. イタリア人は赤ワインをたくさん飲むけれどアメリカ人より心臓病が少ない
5. ドイツ人はビールをたくさん飲みソーセージや脂肪分をたくさん取るけれどアメリカ人に比べて心臓病が少ない

結論：あなたが好きな物を食べたり飲んだりしてください。英語をしゃべることがあなたを死なせるのです。

EJCA役員会を代表して時候をご挨拶をお送りします。

## 2006年EJCA秋のバザー・キッチンの様子

## マサコ・ハビオカ

数日前までは天候が気になるような日が続いていましたが11月5日、バザーの当日は良いお天気に恵まれ多くのお客様を迎えることができました。

12時の開店するやいなやキッチンは大忙し。「親子丼一丁～」「うどん一丁～」の声がかかり「ハイよ～」もプロ並みに声を張り上げ、気合いの入った人たちの働きで賑わいました。約1時間半でほとんど売りつくし嬉しい悲鳴をあげました。

この日のための準備は1週間くらい前から始まりました。お手伝いをしていただく人たちを探すことから始まり、メニューを考えて、作る人たちの役割を決める事。数日前には材料の買い出し。

お寿司の準備は2日前から巻寿司の中に入れる具を煮たり、焼いたりの下準備をします。

バザーの前日は夜7時から親子丼に使う鶏肉やタマネギを切って下煮をしました。大きな電気釜2個分のお米を洗いタイマーをつけて翌朝すし用ご飯が出来上がっているようにしました。

当日の朝は酢の物用のキュウリを薄切りし、ワカメをもどし、春雨をもどしました。またうどんに乗せる鳴門巻きをスライスし、長ネギを小切りにしました。すし飯作りのためにご飯を何度も炊きました。全部で50カップのお米を炊きました。

巻寿司を作る人たちは当日の朝9時にセンターに集まり、#3ラウンジで出来ていたご飯ですぐにすし飯を作り、のり巻きを始めました。いなり寿司も同時進行で作りました。小皿に盛りつけラップを掛けて完了。すぐにホールのテーブルに並べられ

ました。売れ行きは順調。120皿以上を売りました。

キッチンではうどんのつゆが出来てうどんが暖められ薬味が乗せられて窓口からお客さんへと手渡されます。また、親子丼用のドンブリがカウンターいっぱい並び、次から次へのご飯が入り、卵で固めたトッピングが乗せられ、これも窓口からお客さんへと渡されます。それぞれの仕事の分担が決まっていた能率良く、手早く調理は進み、短時間で大勢の皆さんに食べていただく事ができました。

この日のためにお手伝い、寄付をしてくださった多くの方々に感謝申しあげます。登尾さんにはいろいろと材料購入にご協力をいただきました。ありがとうございました。

特に今回は若い人たちの参加があり励みになりました。将来が明るくなったような気がします。そして毎年日本から応援してくださっている井川ご夫妻に心よりお礼を申し上げます。

キッチンお手伝いの皆さん：

ミネコ・ササノ、ユーコ・ナカノ、ミワコ・シュクダ、ヒロコ・カーリー、マサコ・ハビオカ、ケイコ・オールポート、キエコ・イトー、ヒデコ・コハルスキー

お寿司作りの皆さん：

トシコ・ヤマモト、キミ・タイナカ、アイコ・カワワダ、ノリコ・フジノ、グレース・フジノ、ナオミ・リーロイ

セールス・テーブルお手伝いの皆さん：

ゲール・ツジ、ソーリー・サワダ、リズ・マチダ、マージン・ターブル、キョーコ・カメイ。

その他のお手伝い：

サナエ・オーキ、ミチコ・カワシマ、ユミコとジム・ホヤノ、

フロー・インガム、キャッシー・テナント。アルダー・カーリー

ここに記載されなかった人たちも大勢いることと思いますが、皆さんのご協力でバザーを大成功に終了することができました。ありがとうございます。今回のバザーでは純益（キッチン、寿司、ベーク、クラフト）として\$1750 弱の売り上げがありました。



## 秋のバザー：「和の庭」維持のための資金作り

### キャッシー・テナント

今年、EJCA役員会は2006年秋のバザーの売り上げを「和の庭」の維持と整備に使うことを決めました。庭の伝統的な容姿に継続的に加えていきたい種々な物のアイデアは既に出されており、日本庭園のユニークな経験をするをさらに推進することと思います。

既にヘリテージ祭りから得た利益を庭を囲んでいる塀の壁作りを仕上げることに使うことが決まっています。

来年はヘリテージ祭と今回のバザーの成功や時間とお金のご寄付で庭がもっと良くなることでしょ。

私達のバザーの成功はいつも食べ物分野に重くかかっおり、今年も例外ではありませんでした。バザーの開始時間の前にすでに熱心な人たちは到着しており、ランチ場所へ直進しました。キッチンからの暖かいうどんや親子丼に加え、ベーク・セールテーブルでは太巻きといなり寿司がベーク品と共に売られました。今年は能率的なアナウンサー、サム・ササノが注文のランチが出来るとその旨を知らせて取りにきてもらい、キッチン窓口の混雑を避ける事ができました。

食事をする人たちのために何個かのテーブルを追加し、ランチを食べお茶を飲みなが旧知の知人、新しい知人との会話を楽しましました。大勢の皆さんが来館され伝統的日本の食事をし、少し買い物をし、福引きで運をためすのを見る事ができとても良かったと思います。

いろいろな日本の物がセール・テーブルへ寄付され、またサイレント・オークションや福引きのためにもいろいろな寄付を受けました。たくさん売れましたし、福引きも成功でしたが場所に制限があったために寄付していただいた物の一部は将来のイベントのために取っておきました。

今回はまた「本のセールと注文テーブル」も設けました。カムループス日系人会発行の人気の高い日本食クックブックはそこで売りましたし、日系ブックスからの数々の本の注文も受けました。将来EJCA会員のために子供の本、日本伝統、歴史、クラフト、料理の本などをメンバー料金で安く売る事ができると良いと思います。

バザーの時にはお正月用の「もち」の注文を受け付けました。これは初めての試みです。「もしもし」今号の別の場所での注文についてのお知らせをご覧ください。年末までに引き取り可能なもちの注文をまだできます。

今回のバザーは時間とプライズの寄付と寛大ボランティアのおかげで大成功でした。バザーに参加して下さった皆さんの

おかげで「和の庭」のために\$1,768 弱を作る事ができました。

2007年春、「和の庭」  
に加わる新しい物をご覧ください！

福引き当選者、おめでとうございます！

お茶セット — ジャコブ・トレイナー  
「將軍レストラン」ギフトサティフィケート  
— リッキー・ヒガ  
ソニー・ウォークマン — トシアキ・コイケ  
U of A ペドメータ — アイリーン・キヨオカ

バザーを成功に導いた皆さん、ありがとうございました！

### ボランティア：

ミネコ・ササノ、ユーコ・ナカノ、ミワコ・シュクダ、ヒロコ・カーリー、マサコ・ハビオカ、ヨーコ・オールポート、キエコ・イトー、ヒデコ・コハルスキー、トシコ・ヤマモト、キミコ・タイナカ、アイコ・カワワダ、ノリコ・フジノ、グレース・フジノ、ナオミ・リーロイ、レイとゲール・ツジ、リズ・マチダ、マイク・ムラカミ、ソリー・サワダ、ミチコ・カワシマ、ジョイス・キヨオカ、アイコ・ムラカミ、サユリ・マツバ、キョウコ・カメイ、ユミコとジム・ホヤノ、ボブとキャッシー・テナント、リック・ヒラタ。

### セール・テーブル、サイレント・オークションとベークセールへの寄付：

ハリーとリリアン・サメシマ、フローインガム、アイコ・ムラカミ、サチコ・ナガタ、ジョイス・キヨオカ、タミー・ツジカワ、ルシーとジョン・タカハシ、ゲイル・ツジ、アキコ・コハナ、キャッシー・テナント、ユミコ・ホヤノ、マサコ・ハビオカ、サンディー・ナカシマ、ケイコ・スジノ、キミ・タイナカ、キエコ・イトー、ヨーコ・オールポート、ケーコ・フルー。

### 福引き商品：將軍レストラン、イディー・ナガタ、キャッシー・テナント

名前を告げずに寄付品をセンターへ持ってきてくださった方が居ります。ありがとうございました。もし名前が載っていない方はぜひお知らせください。次号であなたのご協力を認めて感謝の意を表したいと思います。



## 井川迪子さん

### トシコ・ヤマモト

EJCAのメンバーの中で彼女をご存じの方は大勢ではないと思います。迪子さんはご主人が食品科学の客員教授として16年前(1990)にアルバータ大学へ来られた時、春から冬にかけて8ヶ月エドモントンに滞在されました。旧EJCAセンターでクラフト・クラブの一員としてその年のヘリテージ祭りのクラフトの準備をしてくださいました。

日本帰国されてから過去16年に亘って、毎年ヘリテージ・デーやバザーのために日本から布、下駄、袋物、小箱、千代紙、花嫁の打ち掛け、着物、ひな祭り用のおひな様、その他たくさんの品物を送りつづけてくださいました。

今年の11月5日のEJCAバザーの際にも「もしもし」が届くと同時にいろいろな物を郵送していただきました。

彼女の献身的な姿勢に頭が下がる思いがするのは私だけではないでしょう。迪子さんはご主人の井川教授と現在も東京都町田市に在住で今もなお老人ホーム関係のボランティアを続けていらっしゃいます。自分の趣味を生かすよりもボランティアとして他人の役に立つ方が幸せと話されます。

迪子さん、本当にありがとうございます。

近い将来にはこの地で再会出来ます事を私達は楽しみにお待ちしております。短期滞在(8ヶ月)で毎回の「もしもし」を待ち、懐かしい、懐かしいと言ってくださる方は私たちにとっては貴重な存在です。



## 藤永ご夫妻

藤永先生ご夫妻は1960年の終わり頃エドモントンへ来られました。アルバータ大学化学科教授として教鞭を取られ、私が大学院生の頃には良くおしゃべりの相手をしてください、奥様はEJCAのクラフト・グループで皆さんと一緒にいろいろと手芸品を作り、バザーで売りとセンター資金作りにご協力なされました。奥様のお母さんの世話のため日本で暮らす日が多くなり、お目にかかる事も少なくなりましたが、お二人が日本へ移られたことに一抹の寂しさを感じます。これからもお元気で過ごしてくださいませ。直接お別れの言葉をかけられなかった方達も多くいることと思いますので奥様からの手紙を下に書きます。



“お世話になりました。

長い間大変お世話になりましたが此の度、私どもに本に引き上げることに致しました。此の20年ほどは一年の半分は日本に滞在しておりましたので何のお手伝いも出来ませず、申し訳なく思っております。

「もしもし」を長い間お送りいただきました楽しませていただきました。厚くお礼申し上げます。心ばかりのお礼の印にチェックを同封致しました。何かのお役にたてば幸いです。

10月25日早朝に発ちますのでご挨拶にも伺わず失礼させていただきます。末筆ながら会長さん、ジムさんにどうぞよろしくお伝えくださいませ。お体大切に元気で過ごしてください。主人からもよろしくと申しております。

藤永清子“

## Tablecloth Cleaner Wanted

The EJCA Centre is looking for someone to clean tablecloths after EJCA events. Remuneration will be \$4.00/tablecloth. If you are interested, please contact the Centre by phone (466-8166) or e-mail <office@ejca.org>. You must be able to pick up the soiled tablecloths from the Centre and to bring them back after they are cleaned.

EJCAセンターでは大きなイベントの後のテーブル・クロスを洗濯してくれる人を探しています。一枚\$4:00お払いします。使ったテーブル・クロスセンターへ取りにきたり、きれいななった物を配達できる方をお願いします。

## エドモントンからおけコンサートのご案内

今年も又からおけコンサートのご案内をする季節になりました。皆様には毎年コンサートを応援していただきありがとうございます。今年も楽しくいたしましょう。

2007年1月のコンサートは日系人新年会と同じ日に新年会に続いて催すことになりました。新年会に参加する方はコンサートにも参加できますが、新年会には参加しないがコンサートだけに来たい方もおありなので、ご案内を兼ねて整理券を用意しました。からおけクラブのメンバー又はセンターから整理券をお受け取りください。入場は無料です。

日時： 2007年1月21日（日）6時－8時

場所： エドモントン日系文化会館  
6750-88 Street, Edmonton

主催： からおけクラブ

なお、新年会は4時に始まります。からおけコンサートだけにいらっしゃる方は、5時45分までにお越しください。

## EJCA Membership Application/Renewal Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone/Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Please mail completed form to:  
EJCA Membership  
EJCA - ACL Centre  
6750 - 88 Street  
Edmonton, Alberta  
T6E 5H6

Please check as applicable:

- Family: \$30.00
- Single: \$15.00
- Out-of-town Subscriber: \$15.00
- Seniors: Free (70 years and up)

Signature: \_\_\_\_\_

## VOLUNTEER OPPORTUNITIES

As the dazzling Heritage Festival experience revealed, our EJCA community is an indivisible whole, a great pool in which everyone's experiences (past and present) embody a confident **glimpse** into the future. And as the new EJCA year begins, the Board invites community members to share their perspectives on either the Board, or on an EJCA Advisory Committee. Your input, how ever small, can help EJCA continue programs that facilitate the development of an inclusive and vibrant Japanese Canadian community within multicultural Edmonton - while fostering global citizenship.

*"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every da about the kind of community you want to live in."* -- Marjorie Moore

### OPPORTUNITIES TO MAKE A DIFFERENCE!

Should any of the following volunteer opportunities interest you, and want more information.... please check the appropriate box(es), complete the contact information and FAX or mail the form below to EJCA at: (780) 465-0376; EJCA Volunteer Opportunities, 6750 -88 Street, Edmonton, Alberta T6E 5H6

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**EJCA Board of Directors**

Volunteers are required to serve on the EJCA Board. The Board governs the organization through policies in place or to be created. The Board works collaboratively with EJCA Advisory Committees in the best interest of EJCA members and affiliated groups. "Kaizen" principles of inclusiveness and continual improvement guide Board decisions. Meetings are once a month (except July and August) Subcommittee meetings are set by members availability

### EJCA ADVISORY COMMITTEES

Volunteers are required to serve on the following EJCA Advisory Committees:

**Fundraising Committee**

Volunteers who can lend experience in fundraising campaigns and proposal writing to procure grants, sponsorship and in-kind donations to support EJCA community projects. Meetings are set by members availability

**Membership Committee**

Volunteers who can lend experience in public relations to build and sustain EJCA membership. Meetings are set by members availability

**Japanese Pavilion Organizing Committee**

Volunteers who can lend experience in organizing the Japanese Pavilion for the Heritage Festival. Meetings are set by members availability

**Program Committee**

Volunteers who can lend experience in enhancing existing and developing new community programs such as seniors and wellness activities. Meetings are set by members availability

**Social Committee**

Volunteers who can lend experience in organizing annual event such as Sukiyaki Night, Christmas and New Years parties. Meetings are set by members availability

**Finance Committee**

Volunteers who can lend experience in financial management and strategic planning. Meetings are set by members availability

**Japanese Garden Committee**

Volunteers who can lend experience in the growth of the Centre's Japanese garden and in creating opportunities to learn about Japanese garden traditions. The committee includes Bonsai Club members and meetings are set by members availability

**Long-term Planning Committee**

Volunteers who can lend experience in long term strategic planning with regard to EJCA policy development, EJCA's programs and board operations. Meetings are set by members availability

**Communications Committee**

Volunteers who can lend experience in turning out the EJCA's bimonthly newsletter (Moshi Moshi). Those with writing or desktop publishing talents are especially welcome. Meetings are set by members availability

Your Name \_\_\_\_\_

Your Phone/Fax Number \_\_\_\_\_

Your Email Address \_\_\_\_\_.

**THANK YOU!**