



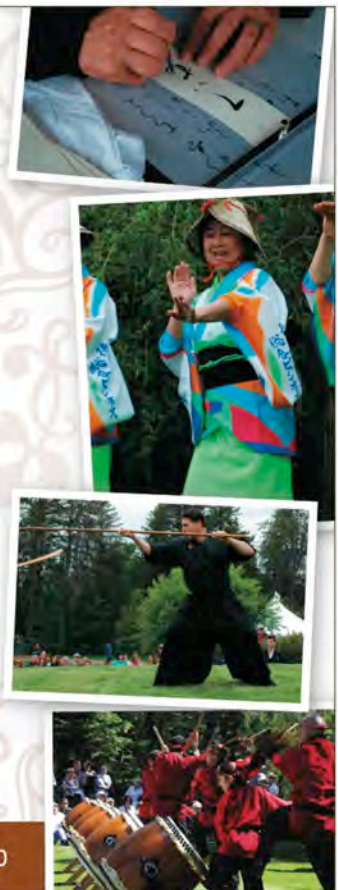
KURIMOTO JAPANESE GARDEN SPRING FESTIVAL

Sunday, June 6, 2010, 12 to 4 pm

A celebration of Japanese culture at the Devonian Botanic Garden!
Japanese Music, Food, Art and Dance in the beautiful Kurimoto Japanese Garden

- Taiko Drummers
- Japanese Art Displays and Demonstrations
- Martial Art Demonstrations
- Shakuhachi Flute with Master Alvin Ryuzen Ramos
- Japanese Koto
- Awa Adori Dancers
- Children's Games and Crafts
- Traditional Japanese Tea Ceremonies
- Bonsai Display

www.devonian.ualberta.ca | Located in Parkland County, 5 km north of Devon on Hwy. 60

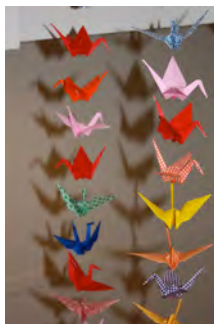


ORIGAMI WORKSHOPS!!

Learn how to make origami craft items for yourself and to donate to the Heritage Festival Japanese Pavilion. No experience is necessary! All materials will be provided but if you have paper you would like to use or donate, please feel free to bring it with you.

The first workshops will be held on June 17th from 1-4 p.m. and 7-9 p.m. Come to which ever suits your time better. Please register at the office 466-8166 or office@ejca.org.

On June 17th, we will decide on future workshop dates



HERITAGE FESTIVAL DONATIONS

Japanese stamps (used and new) and Japanese postcards are very popular sale items at the festival. Your unneeded origami paper can be used to make craft items.

If you have any items you would like to donate, please contact Cathy Tennant (436-6291 or tennant@shaw.ca) or drop them off with John Priegert at the EJCA office. Please leave your name so that we can acknowledge your generosity



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*"Moshi Moshi is a publication of the
Edmonton Japanese Community
Association. Its objective is to
disseminate information of interest to
the Japanese community and those
interested in Japanese culture, including
announcements of upcoming events.*

**Deadline for Submissions for the Next Issue
(Vol. 35, No. 6) is July 15, 2010**

Submission Deadlines for other upcoming issues:

Volume 36, No. 1 - September 15, 2010

Volume 36, No. 2 - November 15, 2010

Volume 36, No. 3 - January 15, 2011

Volume 36, No. 4 - March 15, 2011

Volume 36, No. 5 - May 15, 2011

EJCA Mission & Vision Statements

Mission

- To facilitate the development of an inclusive and vibrant Japanese Canadian Community within a multicultural Edmonton.
- To support the objectives of the National Association of Japanese Canadians by promoting respect and harmony among people of various cultures in the Edmonton area.

Vision

- A dynamic and evolving community that sustains a sense of well-being built upon awareness of Japanese heritage in Canada.

President's Corner

Cathy Tennant



I started to write this month's report by saying how wonderful it was that the warm weather had finally arrived! But then it started raining ... well, even if we aren't enjoying it, our lawns and gardens certainly are.

Over the past two months, the History Preservation Project got underway. We were recently informed that our application for a Community Pilot Project Program Grant from NAJC (National Association of Japanese Canadians) was approved. We are grateful for the \$2000 Endowment Fund Grant which will help us complete the project.

We welcome Midori Uematsu and Suzuko (Sue) Shigemitsu to the project team. Midori and Sue will be involved in interviewing and researching for the project. They will work closely with David Sulz the Project Consultant.

The newly formed Outreach Project Program has received a number of requests for instructors and demonstrators indicating a growing interest in Japanese culture and art forms. Fortunately, there have been a good number of members interested in providing the services being requested by schools, the University and individuals (origami demonstrations/lessons, kimono dressing, Japanese tutoring etc.). If you are interested in obtaining more information, please contact Sanae Ohki (sanaeohki@shaw.ca).

Changes

Shiho Asano will be moving to Japan for six months. We wish Shiho and her family a wonderful experience during this sabbatical and will welcome her back to the Board in January 2011!

Past Events and Activities

Kodomo no Hi

This was the first year of the Children's Day celebrations at the Devonian Botanic Garden. Members of EJCA took part in teaching origami and by providing the traditional Koi Nobori and children's day dolls for decorations.

Matsu no Kai Lunch and Bake Sale

The new format this year was a big success. Lunches and baking all sold out well before closing with some disappointed visitors missing out on the "oishii" goodies. There are more details in a separate article in this issue.

Coming Events

Devonian Japanese Garden Spring Festival - Sunday June 6th noon to 4:00 p.m.

Come out to enjoy a day of displays, performances and children's game. Experience a little bit of Japanese culture. Many familiar groups such as the Keifukai Japanese Brush Calligraphy Club, Kita no Taiko, Awa Odori and Gojukai Karate will be participating.

Heritage Festival

It's almost time for the Edmonton Heritage Festival! This year marks the 35th anniversary of the festival and EJCA has been part of this popular annual event for almost all of those 35 years!

Please come out to help in your favorite way ... **Yakitori Skewering Day (Saturday July 24th)**, volunteering at the pavilion, preparing origami craft items for display/sale, pricing items etc. This year we will be preparing some food at the Centre so there will be opportunities for those who want to help but find it difficult to work on the grounds.

The first Origami Workshops will be held Thursday June 17th. Join us at the Centre either from 1-4 p.m. or from 7-9 p.m. Everyone welcome ... no experience is necessary.

Enjoy the summer ... I think it will be back in early June!

Growing Demand for Japan Today Program!

Shiho Asano

The Japan Today offers a rich learning experience about Japanese culture to grade 8 students in Edmonton and surrounding areas. We had 1400 students visited EJCA this year. The program includes introduction to Japanese language, Japanese socials, history, toys, foods, kimono, Karate, and origami. We added prettier kimonos this year. Many students enjoyed wearing kimono and taking pictures. As the number of sessions increased from 25 last year to 34 this year, we are expecting to offer more sessions next year. The program requires minimum of 5 volunteers per session.

Presenters, Assistants and Director Needed

Japan Today is seeking volunteers for teaching Japanese language and introducing Japanese Culture. You will be working with a small group of presenters to develop and provide 40 minutes of interactive lecture introducing basic Japanese language or Japanese culture. The program is held at EJCA and runs from November to June, usually from 12:30 to 2:30 on Mondays and Tuesdays. This position provides you with the chance to develop your presentation and teaching skills.

It involves a generous honorarium, freedom for personal creativity and an opportunity for greater responsibility. If you are interested in joining us, please contact Shiho Asano at (780) 437-2741 or Sanae Ohki at (780) 459-3862 Email: jpntoday@shaw.ca, by the end of June.

Matsu no Kai's Spring Lunch and Bake Sale 2010

Saturday, May 15, was a beautiful summery day, perfect for the Matsu no Kai's Spring Lunch and Bake Sale. The organizing committee had been working on their plans for several weeks and decided this year to concentrate on food items sales. This event was a fund raiser to support the annual activities for members of the seniors club (55+ age group) of the EJCA.

A group of experienced cooks met the day before to begin preparing some of the food and continued their work Saturday morning. Rice was cooked, sushi was made, bento boxes prepared and other last minute preparation was done. Other volunteers set up tables in the main hall, priced bake sale items & arranged food on the serving tables. At 11:00, the volunteers were treated to lunch and some quiet time.

When the doors opened at 11:30, visitors were able to choose from 6 different food stations serving: sushi, curry chicken with rice, oden, oyako donburi, yakisoba and oshiruko. Most people seemed to enjoy this new service format, although one complaint was that there were too many choices! After buying their meals (at modest \$8 or less), people were able to sit at the central tables to eat and drink tea while visiting with family and friends. Everyone seemed to be enjoying their meals and having a good time. By 12:15, most of the food had been sold out which disappointed many latecomers. However, they were still able to purchase baked goods, kazunoko kobu and handmade bookmarks.

By 1:30 everything had been cleaned up and put away. A

running head count was kept and showed a total of 125 people came through the doors. Since the Library was holding an open house at the same time, visitors to both events were able to satisfy their hunger pangs and also nourish their minds.

Thank you to the lunch planning committee and the many volunteers who donated their time, cooking skills, food and baked goods. Without your help, the lunch and bake sale would not have been such a success. We hope to see you again next year.



NAJC President's Report

Terumi Kuwada

The National Executive Board (NEB) of the NAJC met in Toronto on March 27-28, for its regular quarterly meeting. We wish to thank the individual members as well as the Toronto NAJC chapter for their presentations at our meeting. It is through these exchanges that we learn more about the activities in the Japanese Canadian communities across Canada. It is our hope that through the website, we will enable more regular communication amongst the membership and create greater awareness of our mutual interests and concerns. We were also most appreciative of the Toronto JCCC for touring us around their beautiful facility. Thanks to all.

On April 8, 2010, I attended at the office of the Truth and Reconciliation Commission that had a ribbon cutting ceremony to officially open the head office in Winnipeg. Many people (Residential School survivors, Aboriginal leaders, Church officials, politicians, etc.) attended this most important event that celebrates the official beginnings of the truth and reconciliation hearings. The first hearing will take place in Winnipeg on June 15-19, 2010. According to one of the staff, the hearings will begin each day with a drumming-performed by the four races of the world. The NAJC is committed to supporting the TRC in its mandate to increase greater understanding between the Aboriginal peoples and the peoples of Canada through the story-telling of the survivors of the

Residential School system.

Recently, I attended at a performance of the Shen Yun Performing Arts Group. Their mission is to "reclaim and renew the divinely-inspired cultural heritage of humanity". Many of the performers and organizers of this group are part of the Falon Gong religion, whose followers in China have been subject to persecution and oppression. Their performances reflect the suffering and injustices that many of their faith have endured. They are a courageous group, who through their performances, are trying to educate others about people who suffer because of their religious beliefs. A book, written by David Kilgour and David Matas, "Bloody Harvest - The Killing of Falon Gong for their Organs", documents the treatment of the followers of Falon Gong in China. David Matas is a well known human rights lawyer in Winnipeg. David Kilgour is a former MP and an author of other publications.

The NAJC Endowment Fund Committee will be meeting in Winnipeg in June, to review the many applications that have been submitted by groups, individuals and organizations. It is always a great opportunity for the Committee to reflect and to embrace the many talents and creativity that exist in our communities.

Please contact us at www.najc.ca for comments, opinions, suggestions, etc. We welcome all your ideas.

Kurimoto Japanese Garden - 20 Year Anniversary

By Len Chambers

Officially, the Kurimoto Japanese Garden opened on September 7, 1990 in a ceremony attended by many Japanese and Canadian dignitaries. It was named for the late Dr. Yuichi Kurimoto, the first Japanese national to graduate from the University of Alberta (BA 1930).

In her remarks to the assembled at the opening ceremony, Shizu Kurimoto, wife of Dr. Yuichi Kurimoto, said “Yuichi would have been very honoured to know that this garden is named after him. This beautiful, spacious Japanese garden will attract many visitors, not only people like myself who so enjoy quiet reflection and tranquility, but world wide visitors and families enjoying a Sunday afternoon outing. And last, but not least, the children and students who would learn so much about Japan from a short stop in this haven of peace.”

And indeed, in the 20 years since its opening, the Kurimoto Japanese Garden has attracted and delighted many visitors to the Devonian Botanic Garden.

The Kurimoto Japanese Garden (KJG) is one of a handful of Japanese gardens established at northern latitudes. As an authentic Japanese Garden, the KJG was designed to harmonize as much as possible with the natural landform of the site. Its aim is to provide visitors with a gentle, bright and calm atmosphere, in a miniaturized interpretation of a landscape in nature. The landscape represents a mountain, waterfall and rivers (streams) with water that ripples over rocks before entering the sea (pond). The

There are three basic design concepts that underlie the Kurimoto Japanese Garden.

Sunny and open

The KJG utilizes a sunny and open design that derives from the climatic conditions of Alberta. This was developed in the plan as a series of grassy knolls (tsukiyama) in a sunny, open, bowl-shaped site, which melt into the pond at the bottom.

Natural scenery

The KJG is true to the natural site and its context. The highest points are the main entrance gate and the nearby waterfall. The stream from the waterfall divides, flowing steeply to the southwest and a more gradually to the southeast. Each stream has traditional rock arrangements. The streams flow into a small pond and under a wooden bridge (hashi) into a large pond bordered at one end by a bed of iris and at the other by the requisite shore (ariso). The shore has broken pieces of sandstone, collected from a rockfall in the foothills of the Rocky Mountains. Large lichenized rocks from the same rockfall are arranged throughout the garden in varied compositions with trees, shrubs and perennials.

Stroll-style

The KJG is a garden with diversity of scenery for enjoyment during a stroll around the walkways. Diversity is enhanced by the use of man-made artifacts. Different types and sizes of stone lanterns (toro) are located at key sites. A thirteen story stone pagoda (taho toh) is a focal point. A large and small wooden shelter (asumaya) and matching wooden bell tower are situated where visitors can enjoy panoramic views of the entire garden

and appreciate the artful arrangements of rock, blossoms and foliage as appearances change with perspective, time of day, or season.

With the 20th anniversary of the Kurimoto Japanese Garden, events are planned throughout the summer. Extensive infrastructure has been upgraded and new plantings are being introduced. With each passing season the Kurimoto Japanese Garden matures and offers memories to those who visit.

Happy Anniversary KJG!

KJG is the place to be in 2010!

Be sure to visit the KJG this summer and take part in the festivities as the DBG celebrates the 20th anniversary of this very special garden.

The fun started on the Garden's opening Sunday (May 2), when families were invited to the KJG to make a carp streamer and other crafts to take home and display for Japanese Children's Day.

The Japanese Spring Festival on June 6 is a wonderful celebration of the season and of Japanese culture, with music, dance, art, calligraphy, martial arts demonstrations, food and children's activities, and the fabulous Taiko Drummers. To mark the 20th anniversary of the KJG, Japanese Consul-General Minemura will be in attendance at the festival to take part in a special tree-planting ceremony.

Traditional Japanese Tea ceremonies will be offered by the Matsukaze Tea Group on the first Sundays of May, June, July and August. If you have never taken part in a Japanese tea offering, this is an opportunity to learn about this special tradition in the beautiful Ozawa Pavilion. Tickets are sold on a first-come, first-serve basis and go quickly. Check the website www.devonian.ualberta.ca for sitting times and be sure to arrive early in the day to get your tickets.

This year, on the same dates as the Japanese Tea Ceremonies, guided walking tours of the KJG will be offered several times throughout the day. This fascinating tour will enrich and deepen your understanding of the history, design and intent of the KJG.

Len Chambers is the horticulturalist in charge of the Kurimoto Japanese Garden at the DBG.



Matsu no Kai News

Peter C. Wong



The Matsu no Kai group has been very busy the last few months with monthly outings (usually 12 to 20 people going) and regular meetings (attended by 25-35 members).

In March, members had lunch at the Zen Shabu Shabu Japanese Restaurant before going on to the

Muttart Conservatory. Unfortunately the show pavilion was closed but we enjoyed the plants in the other 3 pavilions, especially the lovely orchids. April's outing was to the new Edmonton Art Gallery preceded by lunch at the Mikado Restaurant. Our group liked the new building but had mixed reviews of the artistic displays. Most people, however, found the Karsh portrait collection very interesting. There was no outing for May as the members were busy preparing for the Spring Lunch and Bake Sale. For future outings, interest has been expressed in a boat trip on Sylvan Lake, the Devonian Gardens & Rosebud Theatre.

Of course regular meetings are still held on the 4th Wednesday

of each month, beginning at 11:00 AM. The business meeting is followed by a delicious bento lunch and various activities. At the April meeting, a speaker from the Wise Owls Organization gave a presentation on fraudulent schemes, especially targeted at seniors. Most of the schemes were known to the group but it never hurts to review them. A new club activity to encourage members to maintain a healthy lifestyle is "a journey across Canada". Each group of 4-5 people earns mileage by doing such things as: exercising, drinking water, eating breakfast and having a good laugh each day. Groups compete with each other to reach certain cities first and prizes will be awarded to winning teams. In keeping with the theme of staying healthy, our speaker at May's meeting will be Aki Kawai whose topic will be physical fitness and exercise.

A belated Happy Birthday to Tom Sando who turned 88 in March of this year. Tom spoke about an old Japanese saying that reaching 88 years of age is completing a God-given life cycle, after that, every day, every month, every year is a bonus.

We welcome you to join us at our monthly meetings held on the 4th Wednesday of each month (except for December) for 11:00 AM. at the EJCA Centre. Members are 55 years or older but guests can be any age. For more information, please contact the Club President, Peter C. Wong (780-487-7099).

Committee Highlights

Finance Committee

Ryo Komatsu who joined the Finance Committee last year moved to Vancouver in March to pursue career opportunities. We thank Ryo for his contribution while he was with us, not only on the committee but also as a volunteer at many of our events.

The Board is pleased to let you know that Grant Shikaze agreed to join the Finance Committee. As a Chartered Accountant with many years experience, Grant will lend professional insight and expertise to the committee.

Joint ACL/EJCA Committee

The roof will be inspected and replaced as necessary.

Geo-thermal Heating as an alternate source of energy is being considered. An *energy audit* is being arranged as a starting point to determine the feasibility of moving to geo-thermal heating.

Cracks in floor are being evaluated by having an engineering assessment of the hall, washrooms and basement arranged, to determine whether immediate attention is required.

Casino Volunteer Appreciation BBQ - This year, EJCA and ACL will hold a joint appreciation event on July 17th for the volunteers who worked at the Casino. A number of the same individuals help both organizations during their respective casinos. The money raised through our respective casinos provides the majority of the funds required for the continuing

operation of the Centre. Information will be sent out to this year's Casino volunteers in June.

Garden Committee

The Committee is now in full swing after the winter hiatus. Finishing coatings will be applied to the shelter and fence this summer and a lantern will be added.

Carol Eder who regularly weeds the garden for us will be away for June and part of July so we encourage anyone who is interested in helping with the weeding once in a while to contact John Priegert, Chair, Garden Committee (780-466-8166 or office@ejca.org).

Library Committee

An Open House was held on the same day as the Matsu no Kai Lunch and Bake Sale. We had many first time visitors to the Gordon Hirabayashi Library and a number of good suggestions were made to improve service. We all enjoyed the daifuku that was made especially for the Open House. The recent acquisition of English-subtitled, Japanese language DVD's is proving so popular that we will be buying more movies over the next two months.

Nominating Committee

We need a small committee of 3 people from June until September to seek out individuals who are interested in joining the EJCA Board for a 2-year term.

A separate article will tell you how you can help.

VOLUNTEER AND DONOR APPRECIATION

EJCA's activities have been successfully carried out with the help of many volunteers and a variety of donations. The EJCA Board members think it is very important to recognize volunteers and donors in a consistent manner. So this year, volunteers and donors for each activity will be reported in the Moshi Moshi as an independent article.

If your name is missing from the list, please inform Cathy Tennant so it can be noted in the next Moshi Moshi. Please help us to maintain an accurate list.

Film Festival held on April 10, 2010

Coordinator: Shiho Asano
Volunteers: Jim Hoyano John Priegert Rick Hirata Sanae Ohki

Kodomono Hi at Kurimoto Garden, held on May 2, 2010

Coordinator: Sanae Ohki
Volunteers: Hiro Kubota Yukiko Nagakura Rie Sadate Takashi Ohki

Matsu no Kai Lunch & Bake Sale held on May 15, 2010

Coordinators: Masako Hubbihoca Toshiko Yamamoto Yumiko Hoyano
Volunteers:
 Naomi Leroy Yoshie Kaneda Sam Kaneda Kieko Ito Mineko Sasano
 Yuko Nakano Cathy Tennant Kyoko Waida Jackie Sugiura Yoshiko Motokado
 Bob Motokado Heidi Matsune Chizuko Kimura Masa Yoneda Louise Wong
 Peter Wong Tom Sando Hiroshi Yokota Tami Tsujikawa Ruby Tsuruda
 Joyce Kiyooka Toshi Yokota Harry Sameshima Jim Hoyano Flo Ingham
 Noriko Fujino Grace Fujino Midori Tanaka Liz Machida John Priegert
 Toshiyo Iwashina Kimi Tainaka

Library Open House, held on May 15, 2010

Coordinators: Library Committee
Volunteers:
 Tom Hyodo Brenda Madsen Nancy Cyr Liz Machida Cathy Tennant

DONATIONS: Donations were made to the Bake Sale Table which may not have been individually acknowledged below. If your name is missing, we apologize for the omission and hope that you will forward your name to Cathy Tennant because your assistance was appreciated.

Flo Ingham	Liz Machida	Heidi Matsune	Joyce Kiyooka
Yoshiko Motokado	Shigeyo Aita	Ruby Tsuruda	Midori Tanaka
Yumiko Hoyano	Tami Tsujikawa	Eliza Wong	Doris Sasaki
Ticki Miyashita	Gong Kiel	Soly Sawada	Cathy Tennant

Library Open House Daifuku: Shigeyo Aita

Calendar of Upcoming Events

May 26, 2010	Matsu no Kai Meeting and Lunch, at the Centre beginning at 11:00 am
June 6, 2010	Kurimoto Japanese Garden Spring Festival
June 8, 2010	EJCA Board Meeting, at the Centre beginning at 7:00 pm
June 17, 2010	Origami Workshop, at the Centre 1-4 pm and 7-9 pm
June 23, 2010	Matsu no Kai Meeting and Lunch, at the Centre beginning at 11:00 am
July 21, 2010	Matsu no Kai Meeting and Lunch, at the Centre beginning at 11:00 am
July 24, 2010	Chicken skewering for Heritage Festival, at the Centre beginning at 9:00 am
July 31 - /aug 2, 2010	Heritage Festival at Hawrelak Park
August 25, 2010	Matsu no Kai Meeting and Lunch, at the Centre beginning at 11:00 am
September 14, 2010	EJCA Board Meeting, at the Centre beginning at 7:00 pm

Directory of EJCA & Affiliated Clubs & Organizations

Sabaki Go Club

Purpose: To learn and enjoy playing Go for all ages
Meetings: Tuesday evenings from 7:00 pm
Contact: Chuck Elliot at 452-1874, <Chuckbrenda@shaw.ca>
Website: <www.sabaki.org>

The Edmonton Gojukai Karate Club

Tuesdays and Thursdays (except holidays)
Children, 7-12 years of age: 6:00-7:00 PM
Youths, 13-17 years of age: 7:00-8:15 PM
Contact: John Priegert - 436-1825, <priegert@telus.net>

Edmonton Kendo & Naginata Club

Meetings: 2nd & 4th Fridays at 7:00 pm
website: www.eknc.org
Contact: info@eknc.org

Kita No Taiko

Japanese Drumming Group
Practices: Monday and Wednesday from 7 pm
Contact: 431-0300 or <info@kitanotaiko.ca>
Website: <www.kitanotaiko.ca>

Keifukai of Edmonton

Japanese Brush Calligraphy
Contact: Kazuko Hirata - 780 438-2747

Chigiri-e Art

Torn paper art work creation
Contact: Keiko Frueh - 780 436-5843

Wakaba Kai

Traditional Japanese Dance
Contact: Keiko Frueh - 780 436-5843

Metro Edmonton Japanese Community School

Japanese language instruction
Contact: <sakaguchisensei@hotmail.com>
Website: <www.ualberta.ca/~tkin/MEJCS-index.htm>

Edmonton Nihongo Kids Club

(Japanese communication club for kids)
Tuesdays from 10:00 am
Contact: Mizuho - 780 472-1580

Women's Gojukai Karate Club

Contact: Dana Nawata at dnawata@shaw.ca

Awa Odori

Japanese Folk Dance
Practices: 2nd Sunday of each month, 10:00 am - 12:00 noon
Contact: Emiko Kinoshita at 780-451-6196

Chorus Club

Practices: 1st and 3rd Fridays from 6:30 to 8:30 pm
Contact: Emiko Kinoshita at 780 451-6196

Bonsai Club

Meetings: 3rd Wednesday of each month, 7:30-9:30 pm
Contact: Les Dowdell at <hokkoku@telusplanet.net>

Karaoke Club

Practice: 1st & 3rd Fridays at 8:30-11:00 pm
Contact: Takashi Ohki at 780 459-3862

Nominating Committee

In September 2010, we will be electing the Board for 2010-2011. We need to form a nominating committee that includes one to two EJCA members who are not on the current Board.

We need to have a slate of nominees by mid-August, so this is a short-term committee that will convene from June until August 10, 2010.

A brief description of the Board duties follows. If you are willing to serve on this committee or to be considered for nomination to the Board, please contact Cathy Tennant (436-6291 or tennant@shaw.ca).

The Board is responsible for conducting the business affairs of the Association and consists of not less than five and not more than 13 persons. The term is two years and the officers (President, First Vice-President, Second Vice-President, Secretary and Treasurer) are chosen by the Board from among its own members.

President:

Exercises general supervision over the affairs and activities of the Association. He/she, when present, presides at all meetings of the Association and Board, and is ex officio member of all committees.

First Vice-President:

Assumes the duties of the President in his/her absence, and serves as ex officio on designated committees.

Second Vice-President:

Assumes the duties of President and First Vice-President in

their absence and serves as ex officio on designated committees.

Secretary:

Keeps accurate minutes of the Association and Board. Maintains records of the members of the society and their addresses, sends all notices of various meetings, as required.

Treasurer:

Receives all monies paid to the Association and is responsible for the deposit of same at the designated financial institution. He/she properly accounts for the funds of the Association and keeps such books and records as may be directed, and prepares financial statements as required.

Directors:

Conducts the business affairs of the Association and serves on committees as designated.

"ERIN'S CHALLENGE:
I CAN SPEAK JAPANESE"
Japanese Language Lessons

The Japan Foundation has a wonderful free website offering Japanese language study and cultural understanding. If you are interested, please go to the following Japan Foundation website:

<https://www.erin.ne.jp/jp/>

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松の会ニュース

ピーター・ウォング

松の会はここ2、3ヶ月遠出（12から20名出席）とか定例会（25から35名出席）で忙しく過ごしました。

3月の遠出はムタツト植物園でしたがそこへ行く前に「禅しゃぶしゃぶ」日本食レストランでみんなで昼食をしました。三つのパピリオンで植物を鑑賞し、特に蘭が素晴らしかったです。ですが特別展示をしているパピリオンは閉まっていて残念でした。

4月の遠出は新しいアルバータ・アート・ギャラリーで、そこへ行く前に「ミカド」でランチ。私たちのグループは新築の建物は気に入りましたが展示物についての意見はばらばらでした。ですが大方の人はKarsh・ポートレート展はとても面白いと思いました。会員は「春のランチとバーク・セール」の準備で忙しかったために5月には遠出はありませんでした。将来の遠出の目的地としてSylvan Lake, デボニアン植物園、ローズバッド劇場などがあがっています。

もちろん、定例会は毎月第4水曜日、午前11時から行なっています。ミーティングの後は寿司弁当ランチ、各種の活動と続きます。4月のミーティングではWise Owls Organizationからの人がシニアを対象にした詐欺をどう防ぐかについてのお話とスライドがありました。示された種々の「もくろみ」をほとんどシニアは知っていますが再確認することは良いことです。

新しい活動として健康な生活スタイルを維持するために「カナダ縦断旅行」が始まりました。4人から5人のグループは種々のことをしてポイント（距離）を得ます：例えば運動、水を飲む事、朝食を食べる事、一日に一度は声を出して笑う事。グループはお互いに競争し、西海岸から始めて、指定された街に先に到着したグループには褒美が待っています。健康を維持すると言うテーマに基づいて、5月のミーティングではアキ・カワイさんがシニアのフィットネスと運動についての話をします。

遅れましたが、今年88才になったトム・サンドーさん、お誕生日おめでとう。日本の言い伝えでは88才になったら神が与えてくれた生涯を一回りしたことになり、その後の毎日、毎月、毎年はボーナスですとトムさんは言います。

皆さんを毎月第4水曜日、午前11時からEJCAセンターで行なわれる月定例会へお誘いします（12月を除いて）。会員になるには55才以上ですがゲストの年齢は問いません。詳細を知りたい方は会の会長、ピーター・ウォングへ連絡ください（780-487-7099）。

2010年 松の会「春のランチとバークセール」

ルイス・ウォング

5月15日は天気の良い美しい日で、松の会のランチとバークセールには最適の日でした。準備委員会は数週間前から計画を練っていて今年は食べ物に集中しようと決めました。この恒例のイベントはEJCAのシニア（55才以上）が集まる会の会員の一年間の活動のための資金作りのために行ないます。

調理に経験豊かな人たちは前日に集まって調理を始め、それは土曜日の午前中にも続きました。ご飯を炊き、お寿司を作り、弁当を詰め、最後の準備をしました。他のボランティア達はホールにテーブルやイスを並べ、バークセールの品々をテーブルに並べました。11時にはすべてのボランティア達は炊き込みご飯のランチをご馳走になり、すこしゆっくりした時間を持ちました。

11時半に店開きをするとお客さん達は、お寿司、カレーライス、おでん、焼きそば、親子丼、お汁粉など6つの異なった料理をそれぞれのテーブルから、好きなものを選ぶことができました。大方の人達はこの新しい方法を気に入ってくれたようでした。ですが選ぶ数が多すぎるよ、と言う言葉も聞きましたが、食べ物（8ドルか以下）のを買った後はホールの中央に置かれた円形テーブルで食べながら家族や友人たちと話をしたり親交をかわすことができました。遅く来られた方々をがっかりさせてしまいましたが12時15分には食べ物は売り切れでしたがバーク品、数の子昆布や手作りのしおりを買う事はできました。

午後1時半には後片付けも全て終わりました。来客の数を記録していましたが大体125名が来館しました。当日図書室も開館していたの来客は空腹を満たし、心に栄養を与えることが同時にできました。

準備委員会と大勢のボランティアのみなさんは時間を割いて調理の腕前を提供してくださり、また食べ物やベーキングをして寄付して下さった方々に深く感謝いたします。皆様の協力なしには成功できなかったイベントでした。また来年もよろしくおねがいします。

EJCA会長の言葉

キャシー・テナント

今月のレポートを「暖かい季節が遂にやって来ました」と言う書き出しで始めていました。が雨が降り出しました…私達が嫌だと思っても、芝生や庭は喜んでいるでしょう。

この2ヶ月間に歴史保存プロジェクトが始まりました。最近、私たちが応募していたNAJCのCommunity Development Grantを幸いもらう事ができました。この\$2,000の援助資金は私たちのプロジェクトを完成する助けになります。

このプロジェクトに新しく加わったミドリ・ウエマツとスズエ(Sue)シゲミツを歓迎いたします。ミドリとスズエはプロジェクトのためのインタビューや調査を行ないます。彼女らはプロジェクト・コンサルタントのデヴィッド・サルツと一緒に仕事をします。

新しくできたアウトリーチ・プロジェクト・プログラムは日本文化や日本芸術の指導員やデモをする人などの要請を方々から受けています。学校や大学、個人からの折り紙デモ、教える事、着物を着せること、日本語を教える事などの要請に対して幸いにもEJCA会員の中には大勢がこれらのサービスを提供することに興味を持っています。詳細を知りたい方はサナエ・オーキへ連絡ください (sanaehki@shaw.ca).

変更

シホ・アサノは6ヶ月間日本へ行きます。このサバティカルの期間彼女の家族が素晴らしい経験をされる事を願います。2011年の1月に帰国されます。

過ぎ去ったイベントと活動

子供の日

今年はデボニアン植物園での初めての子供の日でした。EJCA会員は折り紙を教え、鯉のぼりを立て、五月人形を飾りました。

折り紙ワークショップ

折り紙の作り方を習っていろいろな物をあなた自身のために、またヘリテージ・フェスティバル日本館のために作りませんか。経験は必要ありません。材料はこちらが用意します、がもしあなたが折り紙の材料を持っていてそれを使いたい、または寄付したい時はご持参ください。

第一回目のワークショップは6月17日、午後1時から4時まで、または午後7時から9時までです。あなたのご都合の良い時間にお出かけください。オフィスまで予約をお願いします (電話780-466-8166 or office@ejca.org).

6月17日にこれから先のワークショップの日を決めます。

松の会ランチとベークセール

新しい方式は大成功でした。ランチもベーク品もすべて閉店時間以前に売りつくしてしまい、美味しいご馳走にありつけなかったお客さんが何人もありました。詳細は今号の別のページをお読みください。

これからのイベント

デボニアン日本庭園春期祭りー6月6日(日曜日) 正午から午後4時まで。

展示、パフォーマンス、子供のゲームなどの一日を楽しみにお出かけください。ほんの少し日本文化を経験してみませんか。沢山のおなじみのグループ、例えば景風会、北の太鼓、阿波踊りと剛柔会空手などが参加します。

ヘリテージ・フェスティバル

もうエドモントン・ヘリテージ・フェスティバルの時期になりました！今年はこのフェスティバルが始まってから35年になります。そしてEJCAはこの人気の高い恒例イベントにほぼ35年間参加しています。

どうかこのフェスティバルにあなたのお好きな所で参加してください。焼き鳥作りの日(7月24日、土曜日)、日本館でのボランティア、折り紙でいろいろな物を作りましょう、値段付け…今年はセンターで調理をする部分があります。助けたいけれど会場で働く事が出来ない人には参加する良い機会かもしれません。

第一回折り紙ワークショップは6月17日(木曜日) 午後1時から4時まで、と午後7時から9時までです。どなたでも歓迎します。折り紙の経験はなくても良いです。

この夏を楽しんでください…6月の始めには夏は戻ってくると思います。

ヘリテージ・フェスティバルへの寄付

日本の郵便スタンプ(新品でも使用済でも)や日本の絵はがきのご寄付をお願いします。これらはフェスティバルでとても人気のある商品になります。もし不用品な折り紙をお持ちでしたらご寄付をお願いします。

もしあなたが寄付したい物品をお持ちでしたらどうかキャシー・テナント(780 436-6291 or tennant@shaw.ca)へご連絡ください、またはEJCAセンターのジョン・プリガードまでお届けください。あなたにお礼をするためにどうぞお名前を残してください。

栗本日本庭園開園20周年

レン・チェンバーズ

(デボニアン植物園園芸士、栗本日本庭園担当)

栗本日本庭園は1990年9月7日に開園しました。庭園はアルバータ大学を卒業した最初の日本人(1930年卒業)栗本祐一博士を記念して「栗本日本庭園」と命名されました。

開園式で故栗本博士夫人しずさんは次のような挨拶をされました。「栗本は自分の名前が付けられた日本庭園が開園したことを大変名誉なこととおもっています。このような美しくて広々とした日本庭園には大勢の人が訪れるでしょう。私のように日本庭園の穏かな景色を一人で静かに愛でる人だけでなく、家族連れで週末の散策に訪れる人や、世界のいろいろな国から日本庭園の見学に訪れる人もいるでしょう。また子供や学生たちはこの日本庭園から日本のことをいろいろと学ぶことが出来るでしょう。」

そしてこの20年間、栗本日本庭園はデボニアン植物園を訪れる人たちが必ず足を運ぶ場所として多くの人たちを楽しませてきました。

栗本日本庭園は北半球の高緯度地域にある数少ない日本庭園の一つです。純粋な日本庭園の形式に従って設計され、アルバータの自然環境にできるだけ調和するように造園されました。「穏かで明るく且つ落ち着いた自然」という大自然の景色が訪れる人に伝わるように設計されています。山から水が滝となって川に注ぎ、川は海に流れこむ、という自然のリズムが庭園に表現されています。

栗本日本庭園は三つのコンセプトを表現するように造園されています。

明るくオープンであること

アルバータ州の自然環境の特徴である日当たりが良いこと、見晴らしの良いことを庭園の中で表現しています。庭園にはなだらかな築山があり、全体として緩やかな大きなお椀のような形になっていて、高いところから低いところへと水が流れるという構造をしています。

自然環境に調和すること

造園前の自然環境を利用して、この自然環境の中に大自然の一

連のリズムを織り込んでいます。庭園の入り口が庭園の中で一番高く、この近くに滝があります。ここから水は急勾配の川を庭園を二つに分けて西南に流れ、やがて緩やかな勾配で西東に流れて小さな池に流れ込み、次に橋の下をくぐって大きな池に着きます。大きな池の一部にはあやめが生えています。あやめの対岸は有磯(荒磯)で荒々しい海岸の様子を表現しています。池の周りの石はロッキー山脈山麓地域の崩れた岩石が露出したがれ場から運びました。おなじがれ場から採取した苔の生えた石が庭園のいろいろなところに樹木、生垣、多年草と組み合わせて配置してあります。

回遊式であること

庭園を訪れる人は庭園を回遊していろいろな景色を楽しむことが出来るように設計されています。いろいろな形式の石灯籠がいくつも置いてあります。庭園中央の築山には13層の石造の仏塔があります。大きなあづま屋と小さなあづま屋、それに鐘楼があり、それぞれ見晴らしのよい場所にあつて、庭園の石の配置、草花、樹木を一日の時間の経過に従い、また異なった気象条件、季節の下で展望できます。

今年の夏は開園20周年を記念して、いろいろも催し物が予定されています。また庭園の改修も進み、新しい植物も植えられました。これからも年月を重ねるにつれて、栗本日本庭園は円熟して、ますます訪問者を楽しませることでしょう。

栗本日本庭園の行事

6月6日(日) 春祭り

日本音楽、阿波踊り、書道、武術、子供のための行事、など。カルガリー日本総領事館の峯村総領事による20周年記念植樹があります。

6月6日(日)、7月11日(日)、8月8日(日) お茶の会

栗本日本庭園内の茶室で松風会茶道主催のお茶の会があります。どなたでも切符を買って参加できます。切符の数に制限があるので早めにお越しください。

お茶会の時間や、庭園についての案内は www.devonian.ualberta.ca をご覧ください。

こいよこい(鯉よ来い)! Carp, Wanted!

栗本日本庭園では鯉のご寄付を募っています。庭園の池にはまだ少ししかいなくて鯉がさびしがっています。お庭の池で大きくなりすぎた鯉を大きな池で泳がせてあげませんか。特別な記念に鯉の寄付はいかがでしょうか? 浄化装置の関係で鯉は6インチ以上の大きさのものだけを受けつけます。冬は暖かい室内の池で元気に越します。あなたの鯉が庭園の大きな池で泳いでいるなんて想像するだけでも素敵ではありませんか?

Please contact Kerry Mulholland
Communications & Special Events Coordinator University of Alberta
Devonian Botanic Garden Ph. (780) 987-3054 ext. 2223
www.devonian.ualberta.ca



Healthy Weight Management Part 2: Diet

Aki Kawai, BPharm., ND

EJCAの皆様、こんにちは。前回の記事では、体重管理における運動の重要性についてお話ししました。さて、ファーマーズマーケットでは、もうすぐ色とりどりの野菜や果物が溢れんばかりになる季節ですので、今回は食生活と体重管理について話を進めます。

いわゆる“ダイエット”と呼ばれる食事療法については沢山の異なる情報が飛び交い、一体どれが正しく、もしくは正しくないのか、と右往左往されている方も多いと思います。極端なカロリー制限に走ったり、結果が出ずにイライラすることなく、ご自分の食生活を健康的に維持するためのポイントを列挙しましたので、参考にして頂ければと思います。

○ 白米、白砂糖、精製された薄力粉や強力粉で作られたパンやお菓子、パスタの摂取は極力控えましょう。代わりに、全粒粉で出来たパンやパスタ、玄米などを食べましょう。ステビアは自然の甘味料としてお勧めです。

○ 自分の手のひらサイズのタンパク質（鶏肉、豚肉、牛肉、ターキー、豆腐、卵、カッターチーズ、豆類等）を毎食毎に摂りましょう。タンパク質の豊富な朝食は難しいと思われるかもしれませんが。ここは私達のご先祖様の知恵に感謝ですね。豆腐の味噌汁はタンパク質豊富な朝食の代表例です。

○ 野菜がお皿の半分を占めるように工夫しましょう。このとき、ジャガイモやカボチャ、squashは野菜に含まれないので注意してください。

○ 質の良い脂質を選んで摂取しましょう。亜麻仁油、ココナッツオイル、エキストラバージンオリーブオイル、Fish oilなどが良質の油です。替わって、揚げ物やトランス脂質は避けましょう。

○ お酒の摂取を控えましょう。アルコールは栄養素の欠乏と共に、カロリー過多に繋がります。お酒を嗜まれる時は、どこかで総摂取カロリーの帳尻合わせが必要です。私の両親曰く、呑むときは、ご飯も、パンも、パスタも無し！だそうです。

○ 塩分の摂取を制限しましょう。塩は体内に水を貯留する作用があります。そして、勿論、水そのものには重さがあります。

○ お腹がぺこぺこになるまで食事を我慢するのは避けましょう。3食の合間に、ちょっとしたスナックをつまみましょう。

○ ヘルシーなスナック類は無塩のナッツや種子類、ナッツバター、野菜スティック、新鮮な果物です。

○ よく噛んでゆっくり食べましょう。脳が満腹を感じるまでには時間がかかるのです。

○ 時には、大好きなものも食べましょう。このとき、一口ずつしっかり味わって。なんていったって、食事は楽しむべきものですからね。

○ 空腹か喉の渇きなのか分からない。そんなときはコップ一杯の水を飲み、10分様子を見ます。それでもまだ何かを食べたいと感じるのは空腹の証拠です。



Matsu no Kai Spring Lunch & Bake Sale - Saturday May 15, 2010



Library Corner

The Library Committee communicates with you through the "Library Corner" of the Moshi Moshi. Introduction of new books, material reviews, and activities will be posted

1. Open House held on May 15, 2010

We were overwhelmed with the number of keen book/movie lovers at the Open House. This open house was to celebrating the first anniversary of the re-designed Gordon Hirabayashi Library. It was also a wonderful opportunity for EJCA members to meet and talk with other members. We prepared 60 Manju thinking that was more than enough. We were wrong! There were many visitors after manju was all gone. Sorry for our under estimation!

Many made suggestions of books and movies. Some offered to become library volunteers. We will follow up on these suggestions and volunteers.

2. New Materials: Added in April and May 2010

Donated materials: In April, we received two books from Dr. and Mrs. Ikawa, who lived in Edmonton and have been continuous supporters of EJCA since they went back to Japan. Please refer to Material reviews. Sharon Yuen, Gordon's daughter, donated valuable books and tapes from Gordon Hirabayashi's collection related to Japanese Canadians and Japanese Americans during/after the World War II. Yoko Azumaya donated 24 volumes of "Slam Dunk", manga comics, that has been very popular in Japan. Please enjoy the books.

ID	Category	Author	Title
2365/6	Nikkei	Miyamoto, Frank	1939 and 1961 - Social Solidarity Among Japanese in Seattle
2367	Nikkei	Matsuoka, Jack	Camp II, Block 211 - Life in Poston Relocation Camp
2368	Nikkei	Thomas, Dorothy	The Spoilage - J.A. Evacuation and Resettlement
2369	Nikkei	Miyazaki, Dr.	My Sixty Years in Canada
2370	Nikkei	Barry Denenberg	The Journal of Ben Uchida - Citizen 13559 Mirror Lake
2371	Nikkei	Mirikitani, Janice ed.	Ayumi: a Japanese American Anthology (Ayumi: 日系米人文学集)
2372	Nikkei	Fujita, David	Japanese American Ethnicity
2373	Nikkei	Daniels, Roger	The Decision to Relocate the Japanese Americans
2374	Nikkei	Nishimoto, Richard	Inside an American Concentration
2375	Nikkei	Broadfoot, Barry	Years of Sorrow, Years of Shame
2377	Nikkei	NAJC	Economic Losses of Japanese Canadians after 1941
2378	Nikkei	Wakatsuki, Jeanne	Farewell to Manzanar: Story of Japanese American
2379	Nikkei	Fisher, Anne Reeploeg	Exile of a Race
2380	Nikkei	Ito, Roy	We Went to War
2381	Nikkei	Daniels, Roger	The Politics of Prejudice
2382	Nikkei	Daniels, Roger	Prisoners Without Trial - Japanese Americans in WW II
2383	Nikkei	Adachi, Ken	The Enemy That Never Was
2384	Nikkei	Sunhahara, Ann	The Politics of Racism
2385	Nikkei	Hashizume, William	Japanese Community in Mission - 1904-1942
2386	Nikkei	Nakavama, Gordon	Issei
2387	S. Japan	榎本 守恵	北海道の歴史
2388	Movie	山田 洋次	Tora-san Vol. 1 男はつらいよ 知床慕情
2389	Movie	山田 洋次	Tora-san Vol. 2 男はつらいよ 純情編
2390	Hobby	西本 典子	押し絵
2391	Hobby	森重 春幸	Bilingual Picture Book of Japanes Dolls
2392-415	Manga	井上 雄彦	Slam Dunk 01-24

3. Material reviews

Ichimatsu Dolls 市松人形 H2390 - This is one of two books Dr. and Mrs. Ikawa donated to our library. It is a beautiful bilingual picture book of Japanese "Ichimatsu" dolls. The author of the book who made the dolls says, "I make dolls and I have always thought that my dolls speak for themselves, so I have never felt the need to speak for them". His dolls are all girls or boys wearing kimono made of real antique Kimono fabrics from the Edo period (1600 - 1867).

Oshie 押し絵 H2391 - Another beautiful book with samples and instructions of Japanese Oshie, padded cloth picture. Oshie is one of method to make pictures using fabrics with thin layers of pads. There are many lovely samples. All samples have patterns. Are there anyone who wants to make Oshie pictures?

井川先生ご夫妻より「市松人形」と「押し絵」の本をいただきました。とてもきれいな本です。どなたか押し絵をご一緒に作ってみませんか？作り方と型紙がついています。

Healthy Weight Management Part2: Diet

Dr. Aki Kawai, BPharm., ND

Hello EJCA members, in the last issue, I talked about the importance of exercise for weight management. Now it will be good time to talk about diet since the tables at farmer's markets will be covered by full of fresh and colourful vegetables and fruit soon.

You are not the only one who gets confused by enormous and mixed information of "weight loss diet". Let's clarify and simplify the key so that you can maintain your diet healthy without starving yourself and getting frustrated.

- o Minimize the intake of white sugar, white bread, white rice, white flour and regular pasta. Instead, eat whole grain bread, whole pasta, and brown rice. Stevia is good natural sugar replacement.
- o Eat palm size of protein with each meal (chicken, turkey, beef, pork, tofu, eggs, cottage cheese, wild games, legumes, etc). Idea of protein-rich breakfast might be tough to come up with. Well, thanks for our wise ancestors! Miso soup with tofu is a perfect example.
- o More than half of your plate should be vegetables that exclude potatoes, squash and pumpkins.
- o You need oil but be picky with the kinds of oil. Choose

flax seed oil, coconut oil, extra-virgin olive oil, and fish oil but avoid deep-fried foods and trans fats.

- o Minimize alcohol consumption. Alcohol contains some calories as well as overconsumption causes nutrition deficiencies. If you happen to drink, cut some calories somewhere. The tip from my parents is "No rice, bread or pasta when you drink."
- o Minimize salt intake. Salt retains water in our body. Water has weight by itself.
- o Do not wait until you feel starving. Eat small snacks between each meal.
- o Healthy snacks are unsalted nuts and seeds, nut butter, vegetable sticks, and a piece of fresh fruits.
- o Chew well and eat slowly. It takes a while for our brain to sense food that comes into stomach.
- o Treat yourself with your favourite food occasionally and enjoy every single mouthful of the foods. Food should be enjoyable!
- o If you are not sure, whether you are hungry or craving, drink a glass of water and wait for 10 minutes. If you still want to eat, that is hunger.

Carp, Wanted !

The Kurimoto Japanese Garden stocks Carp (Koi) in the beautiful pond. They need more Koi! They will gratefully accept donations of Koi from your pond if your Koi is growing too big, or for celebrating/remembering your special occasions. The only limitation is that the Koi need to be larger than 6 inches because of the size of water circulation system. During the winter months, Koi will be kept in an indoor winter pond. Donations to Koi fund are also appreciated. It will be fun to have your Koi in the Japanese Garden!

Please contact Kerry Mulholland
 Communications & Special Events Coordinator University of Alberta
 Devonian Botanic Garden Ph. (780) 987-3054 ext. 2223
www.devonian.ualberta.ca



今年も人気の Japan Today プログラム

浅野 志保

今年もたくさんの中学2年生の生徒が、JapanTodayプログラムを訪れました。エドモントン市内、市外から20校、約1400人の生徒達が日本語を学び、浴衣、折り紙、空手、書道など、いろいろな日本文化に触れ親しみました。毎年、より多くの生徒に日本の文化を紹介できるよう、EJCA、カルガリー日本総領事館、そしてボランティアの方々が力を合わせて頑張っています。今年はEJCAの方々に協力していただき、華やかな浴衣を数多くとり揃え、簡単に装着できる、つくり帯も新しく作りました。そのお陰で、浴衣を着て写真を撮る生徒たちの顔も、一段と華やかに見えたように思いました。エドモントンの若者達に日本に興味を持ってもらう事は、これからここで生活していく日系の子供達のためにもなると思っています。そしてもちろんカナダと日本の将来に明るい道を開いていく礎となるでしょう。このプログラムを続けていく為に、常時8名のボランティアの方がフル回転で働いていますが、毎年学校からの問い合わせが多くなってきている中、より多くのボランティアの方が参加して下さる事を願っています。

プレゼンター、アシスタント、 総括事務（ディレクター）募集中

Japan Todayでは、エドモントンの中学2年生に日本を紹介するプログラムのプレゼンター、アシスタント、総括的な事務処理を担当するディレクターを募集しています。日本語ミニ講座のプレゼンターは、基本的な日本語、簡単な日常会話や礼儀を紹介する40分程度の講義を、ゲームやクイズを取り入れて楽しく行ないます。社会科ミニ講座のプレゼンターは日本を紹介するスライドショーを見せた後、数人のアシスタントの方と協力し、学生に浴衣をきせたり、伝統玩具で遊んだり、折り紙を教えたりします。エドモントンの生徒に日本の事をもっと知ってもらう為の有意義なプログラムですので、責任とやりがいがあり、生徒と楽しい時間を過ごす事ができます。プログラムは今年の11月から翌年の6月まで、EJCAにて、月曜日と火曜日の12:30~2:30の2時間です。お手伝いをしてくださる方には謝礼が支払われま

す。興味のある方は6月末までにご連絡ください。詳細はお電話又はメールにて。

担当：浅野志保 (780)437-2741、又は大木早苗(780)459-3862
Email : jpntoday@shaw.ca

EJCA Membership Application/Renewal Form

Name: _____

Address: _____

City & Province: _____

Postal Code: _____

Telephone/Fax: _____

E-mail address: _____

Please mail completed form to:
EJCA Membership
EJCA - ACL Centre
6750 - 88 Street
Edmonton, Alberta
T6E 5H6

Please check as applicable:

- Family: \$35.00
 Single: \$20.00
 Seniors: Free (70 years and up)